

Aurora Seniors Centre – 90 John West Way, Aurora, ON L4G 6J1
Tel: 905-726-4767 • Email: asa@auroraseniors.ca
www.auroraseniors.ca • www.aurora.ca

Aurora Seniors Association

AURORA
You're in Good Company

THE LIND
REALTY TEAM INC.
SERVICE WITH PROFESSIONALISM
BROKERAGE

SERVICE WITH PROFESSIONALISM

MEMBER AFFILIATIONS & DESIGNATIONS

It has been said that it's a beautiful thing when a career and a passion come together and this rings true for REALTOR® Lenard Lind who has been providing "Service with Professionalism" in Aurora and the surrounding areas for over 30 years

ALL OUR LISTINGS INCLUDE

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THE LIND
REALTY TEAM INC.
SERVICE WITH PROFESSIONALISM
BROKERAGE

15105 YONGE STREET, SUITE 100
AURORA, ONTARIO L4G 1M3

WWW.LINDREALTY.CA

Christmas Lunch

The ASA is giving back to our members
We will be having 3 dates
for our Christmas Lunch
Tickets go on sale:
Monday, November 9 at 8:30 a.m.
2 tickets per person
Members only
Tickets $5 - Cash Only
All lunches at 12 p.m.
Doors open at 11:45 a.m.

Wednesday, December 2
Wednesday, December 9
Wednesday, December 16

To accommodate everyone only 1 date may be purchased.

MENU

WINTER GREEN SALAD, TURKEY, STUFFING, MASHED POTATOS, GREEN BEANS, ROASTED ROOT VEGETABLES, CRANBERRY SAUCE & GRAVY FRESH BERRY TRIFFLE WITH MADEIRA CAKE, FRESH BERRIES, CUSTARD WITH WHIPPED CREAM
LUNCH WILL INCLUDE COFFEE & TEA

MATT & BRIT'S CATERING

ASA BISTRO

LUNCH SERVED AT 12 P.M.
DOORS OPEN AT 11:45 A.M.

$12
MEMBERS ONLY

WEDNESDAY, NOVEMBER 11
MAC & CHEESE WITH SIDE GARDEN SALAD

November 11 Bistro tickets on sale from
Monday, November 2 to Friday, November 6

WEDNESDAY, NOVEMBER 25
HOT HAM WITH MASHED POTATO & CORN

November 25 Bistro tickets on sale from
Monday, November 16 to Friday, November 20

ALL BISTROS INCLUDE COFFEE/TEA AND DESSERT. CASH BAR AVAILABLE.

Please Note: Two tickets per member and no refunds.

All bistros will be catered by: Healthy Now
MEAL PREP - JUICES - CATERING
www.HealthyNow.ca
Phone: 647-210-0047

From Town Staff



Thank you to all our members and for your patience throughout the roof, parking lot and road construction. While the process brought a few challenges, we are thrilled with the improvements and the positive impact they will have for years to come.

On Monday, November 9 at 4 p.m. there will be a Dedication and Opening of the Community Reflection Space. The ceremony will bring community members and partners together to formally open this new space for reflection, remembrance, and connection. The program will include brief remarks, a symbolic activity, and a shared moment of reflection at sunset. Light refreshments will be served.



ASA Board of Directors

This October has been among the most pleasant in recent memory, with plenty of sunshine and warm weather. There's more good news: our parking lot is back in use, the street work is complete, and the roof will be finished in November. It's been a long journey, but we've made it.
It has been a busy month, and here are some of the highlights. Trivia Night was a sold-out success. We had a great time, and a big thanks goes out to the Special Events Committee for a wonderful evening. By the time you read this we will have enjoyed a spooky Hallowe'en bingo, another sold out event. Thanks to the Fund-raising committee for putting this together for us.

The good weather has also meant an extension to the bocce season with both the Tuesday and Men's Shed groups continuing to play into November. After the success of our inaugural match, another one is planned for the spring. I also see people still enjoying walks in the arboretum which are so great this time of year.

In mid-October, the lounge was packed as the Seniors' Centre held a baby shower for Bill and Jo-Anne. It was really heart-warming to see the family community spirit that makes our Centre special. Congratulations!

On October 27, three of us from Men's Shed were honoured to be the guest speakers at the Canadian Federation of University Women monthly meeting. They were a great audience and seemed to enjoy our presentation on the origins of Men's Shed, our own unique Shed, and some of the volunteer work we do in the community.

Today we enjoyed the Bistro lunch with a generous egg salad sandwich, and some particularly good maple, butternut squash soup. Thanks to all the volunteers for all of their prep work and for serving us with a smile.

We set an annual budget for donations and this month we distributed cheques of $500 each to Southlake, Margaret Behan Hospice, Hope House, Yellow Brick House, CHATS, and the Alzheimer's Society. These contributions are appreciated by all.

So, what's coming up? On Sunday November 8 we will be holding our Annual Holiday Market and Silent Auction. It is an event not to be missed to find some unique gift ideas and get into the holiday spirit. There is no charge to attend, and I guarantee you will find something that you can't live without.

Once again, we will hosting our annual Christmas lunches. The dates are December 2, 9 and 16. The cost is $5.00, and there are 100 tickets available for each lunch. Members can only attend one of the lunches to give more people an opportunity to attend.
Membership renewals will begin on December 1 and once again this can be done in person or on-line. It's a very efficient system so don't wait to sign up for 2027.

That's all for now, I'm sure I missed something, there is just so much going on.

Glen Sharp – ASA President

ASA 2027 Membership Renewals

IN PERSON RENEWALS
It is that time again! Membership renewals for 2027 will take place in the lounge during December and January.

The dates you may renew your membership in person from 9 am to 3 pm are as follows:

Tuesday, December 1 to Friday, December 4
Monday, December 7 to Friday, December 11
Monday, December 14

Monday, January 4 to Friday, January 8
Monday, January 11 to Friday, January 15

The cost of renewal is unchanged:
$35 for Aurora members and
$50 for everyone else.

THE TOWN WAIVER
The Town of Aurora requires every member to sign the waiver each year.
If you are renewing in person, you will have to sign the next blank line on the back of your membership form.

THE DAILY $1 FEE
You will also be asked to read and acknowledge the information at the membership renewals tables regarding the daily $1 fee by **writing $1 and initialling** it at the top of your membership form.

PAYMENT
You may pay by credit card, debit card, cheque or cash. If signing a cheque, please make it payable to the ***Aurora Seniors Association***.

GOLD CARDS may be purchased from Reception for $100. This allows you to participate in any ASA activity without paying the daily $1 fee for the 2027 year.

RENEWING ON DATES OTHER THAN THOSE SHOWN ABOVE
For in-person renewals, we prefer you to renew on the dates shown above; however, if that is not possible you may renew at Reception after the dates shown above, but there will not be extra volunteers to help you.



MEMBERSHIP 2027 RENEWALS

We will need many volunteers to help with Membership Renewals in December and January. If you are able to help, please check with Reception and fill in the day and time you are able to volunteer in the binder provided.

An orientation meeting will be held on **Wednesday, November 18 at 10:30** in the West McKenzie Room where everything you will need to know to help with membership renewals will be explained.

We sincerely thank, in advance, all of those who volunteer to help with membership renewals.

If you this is the first time you volunteer and haven't completed a Volunteer form, you may obtain a copy from Reception.

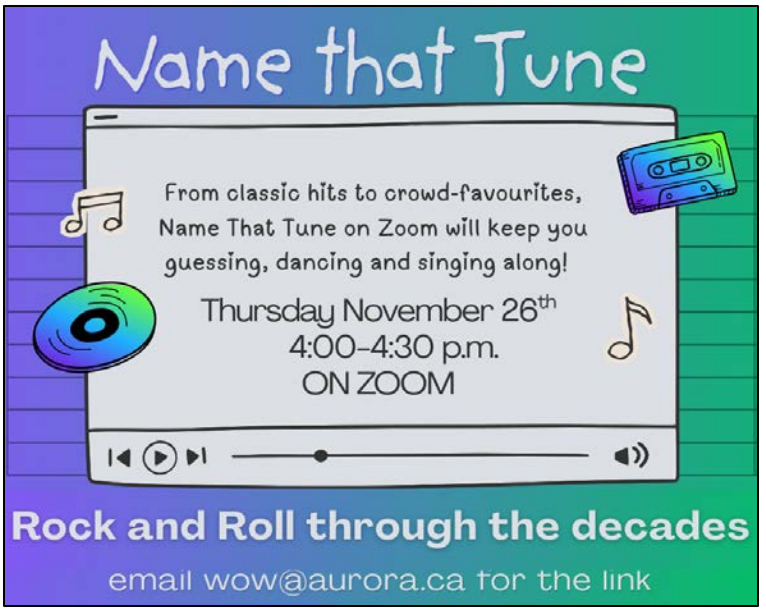


Town Programs

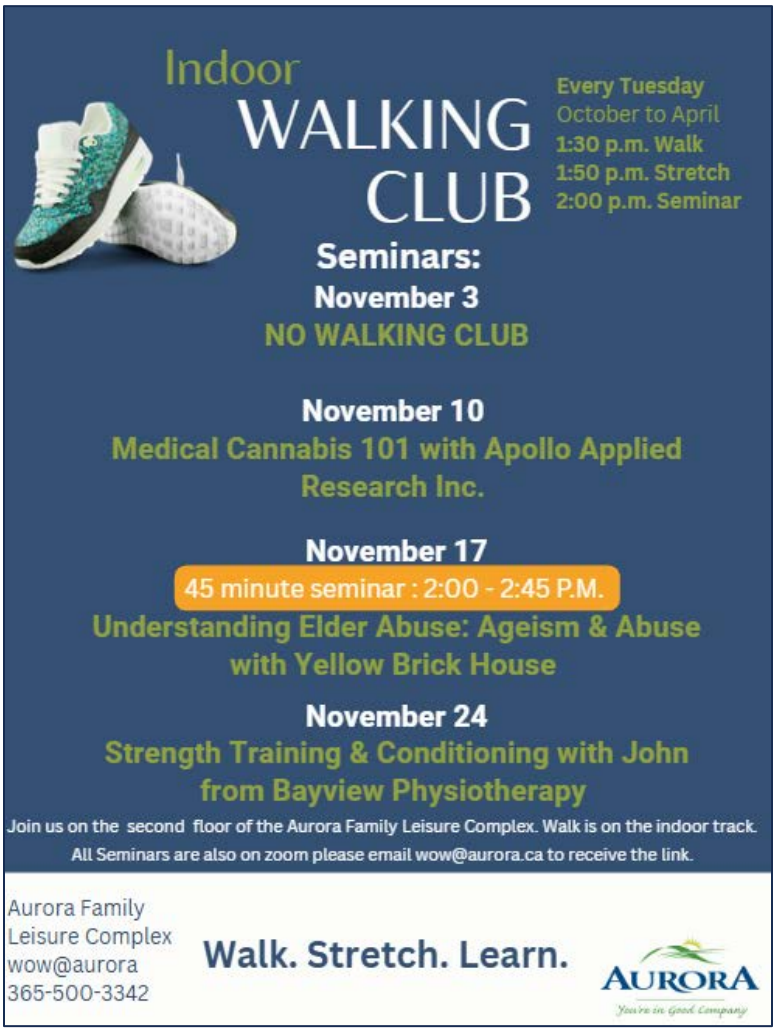
Town Program Registration
How you can register:

1. Online using the Town of Aurora's E-play system. You can access E-play by visiting http://www.aurora.ca/eplay
2. Registration Forms will be available at reception

Winter 2027
Town Program Registration
Resident
Monday, December 7
Non-Resident
Tuesday, December 14







NOVEMBER IS FALL PREVENTION MONTH

CONCUSSION PREVENTION SEMINAR



Monday November 16th, 2026
1:00 - 2:00 p.m.

WHAT IS A CONCUSSION?
Understand what a concussion is and how it affects the brain.

SIGNS & SYMPTOMS
Learn the common physical, thinking, emotional, and sleep-related symptoms.

PREVENTION
Discover practical tips to prevent falls and reduce the risk of concussion.

RECOVERY & SUPPORT
Learn about recovery, returning to daily activities, and how caregivers can help.

WHEN TO SEEK HELP
Know when to seek medical attention and where to find support.

QUESTIONS & DISCUSSION
Time for questions, discussion, and community connection.

Join us to watch on the big screen in the lounge or email wow@aurora.ca to receive the link.

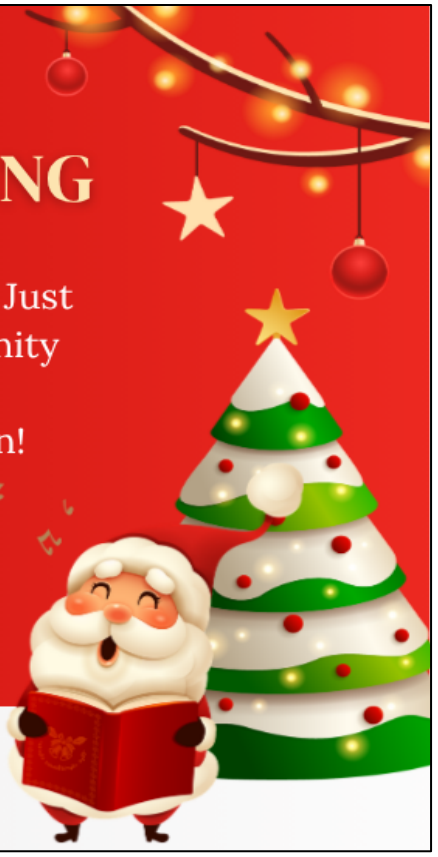
Holiday Sing-Along

WITH ASA'S JUST KEEP SINGING

Get cozy and join us for a Holiday Sing-Along with Just Keep Singing! Share the joy of music and community with friends old and new. All are welcome! No experience needed, just a willingness to have fun!

Save the Dates!

Thursday December 10th & 17th
9:30-11:00 a.m.
Aurora Seniors Centre
In the lounge



Wear your festive wear! We will belt out your favorite holiday tunes and make some merry memories together!



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25 BUTTERNUT RIDGE TRAIL, AURORA


NEW YEAR'S EVE
CELEBRATION
LUNCH LIVE BAND DANCING FRIENDS & FUN
Thursday December 31
Noon to 3:00 p.m
Doors open at 11:30 a.m
Members $30.00
Non Members $35.00
Tickets on sale November 16
at reception
Beef Brisket Lunch
Cash Bar Available
Event put on by the Aurora Seniors Special Events Committee
Lunch sponsored by:
RSDM
CONSTRUCTION


Aurora Seniors Association
Evergreen Choir
invites you to their 2026
Christmas Concert
Under the direction of Dr. Richard Heinzle
Saturday December 12, at 2 p.m.
Light refreshments served
Doors open at 1:30 P.M.
Tickets available at the Aurora Seniors Centre starting November 9
$10
Per Person
Aurora Seniors Centre
905 726 4767
90 John West Way, Aurora
auroraseniors.ca


YOU ARE INVITED
Park Place
Holiday Market
Join us for a festive holiday market featuring local vendors, gifts live music, and more! Celebrate the season
while experiencing the warmth of our Park Place community.
SATURDAY, NOVEMBER, 21
10:00 AM-2:00 PM
See you there! Call to RSVP
905-727-2952
PRIMA
LIVING

MEMORY LOSS
FOUNDATION

SMART AND SAFE: ARTIFICIAL INTELLIGENCE FOR OLDER ADULTS

Curious about AI but not sure where to start? Join our engaging seminar designed especially for older adults and discover how artificial intelligence can make everyday life easier, safer, and more connected. Come learn, ask questions, and gain the confidence to navigate the digital world with greater ease.

DATE:
Wednesday, November 25, 2026

TIME:
9:30–11:00 a.m.

LOCATION:
Aurora Seniors Centre Lounge

Light refreshments will be served

THIS SEMINAR IS GENEROUSLY SUPPORTED BY:

AMICA
AURORA PROMENADE

https://www.amica.ca/aurora-promenade


THE MENTORING PLUS STRATEGY
Building Community Engagement At All Levels
WEDNESDAY
NOVEMBER 4
11:00 AM - 1:00 PM
55+ Mentors Wanted
VOLUNTEER INFORMATION SESSION
Adults 55+ that are retired or near-retired are encouraged to register for the Mentoring Volunteer Session to learn more about this new, exciting initiative. Make a difference by sharing your experience with youth in our community.
Aurora Seniors Centre Lounge
90 John West Way
Aurora, Ontario
L4G 6J1
Use QR Code or Register Online at:
thementoringplusstrategy.com/contact-us
Type in the message box: IS261104


REMEMBRANCE DAY
NOVEMBER 11
SINCE 1919, CANADIANS HAVE TAKEN TIME TO PAUSE AND REMEMBER THOSE WHO HAVE SERVED AND CONTINUE TO SERVE CANADA DURING TIMES OF CONFLICT AND PEACE. CEREMONIES ARE HELD ACROSS CANADA TO MARK THE ARMISTICE AGREEMENT THAT ENDED THE FIRST WORLD WAR ON NOVEMBER 11, 1918, AT 11 A.M. IN AURORA, THESE CEREMONIES HAVE BEEN CENTERED AROUND THE AURORA WAR MEMORIAL IN PEACE PARK SINCE 1925.
ON WEDNESDAY, NOVEMBER 11 WE WILL HAVE COVERAGE FROM OTTAWA ON FOR VIEWING IN THE LOUNGE AND OBSERVE A MOMENT OF SILENCE AT 11 A.M. LEST WE FORGET.
Lest We Forget


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Activity News

LEARN TO PLAY BID EUCHRE Mondays 9 a.m.
No pressure! We will teach you the fundamentals of the game

FUN NIGHT Friday 7 – 9 p.m.
Fun night is exactly what it is **"FUN"**. We play games, mostly with cards, all easy and fun. We will teach you.

QUILT & SEW Friday 9 – 3 p.m.
Do you have a sewing project you haven't finished? Come join us, we have the equipment! Please note; you do not have to stay the whole day. Come & see what we do!

SPECIAL EVENTS COMMITTEE
The Special Events Committe**e** invites you to end 2026 with a bang at our festive New Year's Eve Lunch on Thursday, December 31st! Join us for a wonderful afternoon of delicious food, laughter, friendship, and celebration as we say goodbye to 2026 and welcome an exciting 2027. Tickets go on sale November 16th. Let's make the final day of the year one to remember! But first, put on your dancing shoes! Join us on Friday, November 27th, for an evening of live music and dancing featuring the PaceMakers Band! And there's even more to look forward to in 2027! Get ready for The Big Band, George St. Kitts of St. Kitts Music, '70s and '80s themed dances**,** and everyone's favourite, Trivia Night!

The committee always welcomes your feedback and suggestions.



Library News

NOTE: Our library email address is **asalibrary@auroraseniors.ca** Please send us a note, or preferably, drop by the library and place a note in the return box if you have any questions.

Biography/Memoir and Sports
We have amalgamated the Biography/Memoir and Sport sections to free up space for General Fiction (now five shelves). The new Biography/Memoir and Sports section is located on the bottom shelf of the two book cases next to the clock.
** We have recently replenished the biography/memoir section. Be sure to check for new titles **

Book and Jigsaw Puzzles *
We continue to accept book and puzzle donations (up to 1000 pieces). Currently we have a large choice of recent donations. Check out the puzzles. Our members prefer thrillers, novels, biographies, and romance. Due to limited space, we cannot accept Cookbooks, Self Help, Dictionaries, Travel Books and Children's books.
** Please remember to completely break up the puzzle when donating or returning them to our library **

Water Damage or Mould Please, kindly examine your donations for mould and/or water damage. We do not shelve donations with this damage.

Large Print Book section
Just a reminder of the Large Print book section. There are 2 parts – Non-Fiction (mostly Biographies) and Fiction (Novels and Murder Mysteries). Many thanks to the Aurora Public Library for their generous donation.



Borrowing Books and Jigsaw Puzzles
The process is straight forward as there is no sign-out. You borrow the book(s)/puzzle(s) and then return them when you have finished. We have noticed that some borrowers when introduced to a new author borrow all available copies of their books. **Please limit yourself to 2 copies of a single author or 2 puzzles,** thus leaving some for other borrowers. James Patterson is an exception to this limit.

General Administration
Please place your returns in the grey return box by the door. Leave them on the top of the box should they be too thick to fit through the slot.

Trips





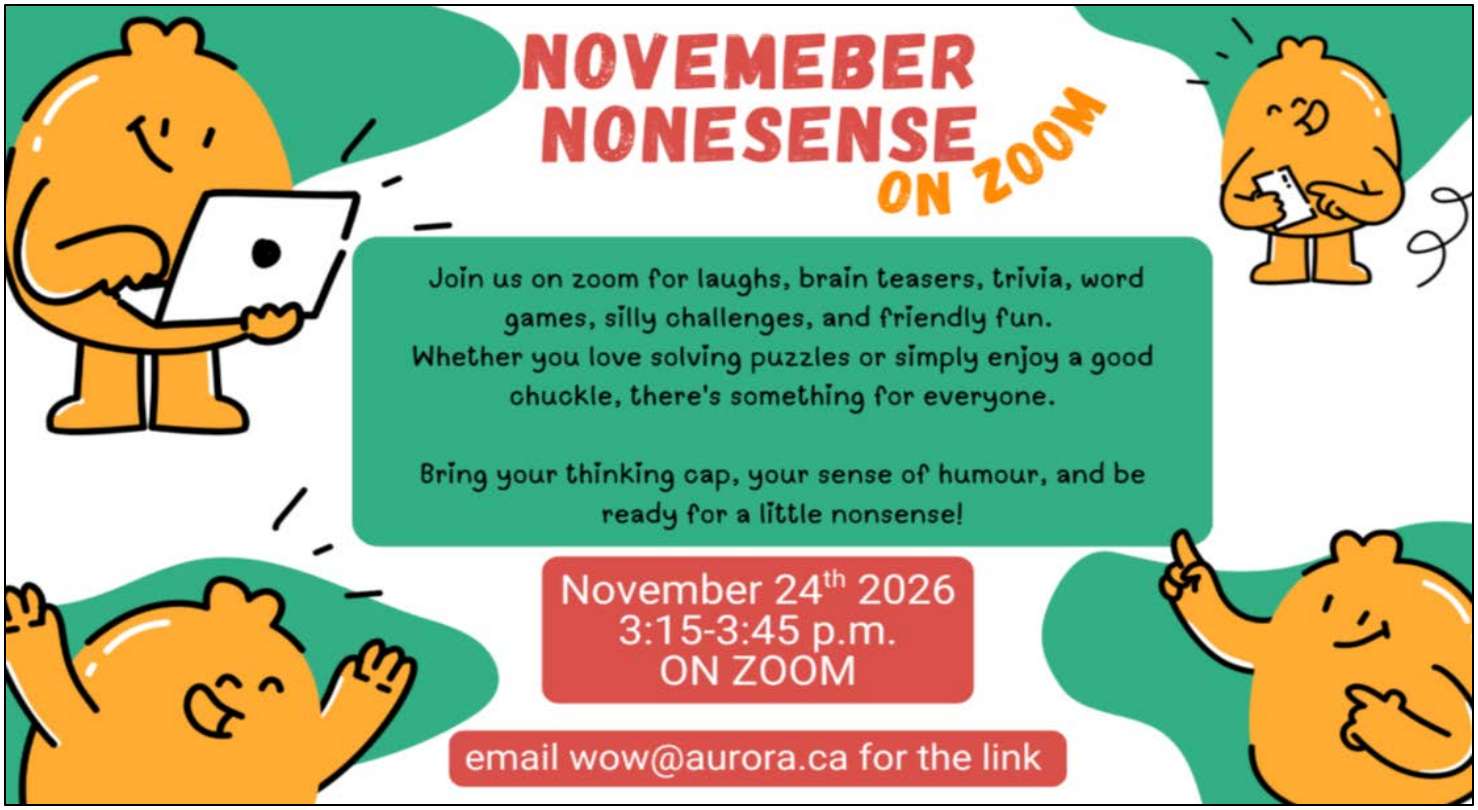


Where should we go in 2027?
Please pop by Brandie's office,
call 365 500 3161 or send an email byorg@aurora.ca

Computer Club Information and Activities

Every Tuesday at 10 – 11 a.m. we do sessions of general interest about everything from using your iPad or phone to keeping your passwords and information safe.
We have added an individual help session for members immediately following the Tuesday sessions from 11 – 12 p.m. No appointment is required.
We continue to provide help by appointment Tuesday afternoons between 1- 3 p.m. If you are looking for help, you can send a request in an email to the computer club email address is below.
Tuesday morning seminar schedule for November:
• November 3 – General Q&A (Doug)
• November 10 - Google Keep & Apple Notes (Herb and Doug)
• November 17– Apple Day - Siri AI + photos (Herb)
• November 24 – Making a holiday cards, newsletter, and calendars with Canva (Sabrina)
The Aurora Seniors Association website at http://www.auroraseniors.ca/ is your best source for information about any of our programs or use one of the email addresses below.
We have covered many topics of general interest. We will post the presentation materials for the past month's sessions and feature some important topics that we think the general membership will find helpful. We have a Quick Link to these materials available on the ASA homepage. Review the list and see if you might learn something new!

Your suggestions and comments about what you might like the computer club to do or what topics you would like to see in the Tuesday sessions are always welcome. Send your suggestions to **cclub@auroraseniors.ca**



Tuesday Night Movies

Movies begin at 6:30 p.m. admission is $1.50 and include movie, refreshments, and popcorn!

November 3 – Seabiscuit (2003): Tobey Maguire, Jeff Bridges (PG 13, 2 hours 20 minutes Biographical Drama) Based on a true story, the film follows Seabiscuit, an undersized racehorse who becomes a symbol of hope during the Great Depression while changing the lives of the people around him. This film earned 7 Academy Award nominations including Best Picture.

November 10– Jerry and Marge Go large: (2022) Bryan Cranston, Annette Bening (PG 13, 1 hour 36 minutes, Comedy/Drama) Based on a true story, a retired Michigan couple discover a mathematical loophole in a state lottery and use it to win millions while helping revitalize their small town.

November 17– Ghost (1990): Patrick Swayze, Demi Moore, Whoopi Goldberg (PG 13, 2 hours 7 minutes, Drama/Romance) After being murdered, a man remains on Earth as a ghost and tries to protect the woman he loves while uncovering the truth behind his death.

November 24– The Six Triple Eight (2024): Kerry Washington, Sam Waterston, Susan Sarandon, Oprah Winfrey (PG, 2 hours 7 minutes, Historical Drama**)** Based on a true story, the film follows the all-Black, all-female 6888th Central Postal Directory Battalion, who were sent to Europe during World War II to clear a massive backlog of mail and boost troop morale despite facing discrimination and adversity.

ASA Board of Directors:	**ASA Committees:**	**Aurora Seniors Centre Staff:**
President Glen Sharp president@auroraseniors.ca **Vice President** Julia Jackson vicepresident@auroraseniors.ca **Treasurer** Harold Reiter asatreasurer@auroraseniors.ca **Secretary** Rob Gaby secretary@auroraseniors.ca **Directors** Jim Abram director2@auroraseniors.ca Theresa McKenzie financeadmin@auroraseniors.ca Nancy Spinks director5@auroraseniors.ca Rob Seath director1@auroraseniors.ca John Pellettier director3@auroraseniors.ca **Recording Officer** Shirley Dionne recordingsecretary@auroraseniors.ca	**By-Law Committee** John Scherer **Finance Committee** Harold Reiter **Fundraising Committee** Rob Seath **Membership & Volunteers Committee** Carol Hedenberg **Operations & Activities Committee** Julia Jackson **SAGA Committee** Jim Abram **Special Events Committee** Nandy Singh	Andrew Bailey Adult/Older Adult Coordinator abailey@aurora.ca (365) 500 3160 Brandie Yorg Adult/Older Adult Programmer byorg@aurora.ca (365) 500 3161 Gillian Simpkin Seniors Program Assistant gsimpkin@aurora.ca (365) 500 3342 Bill Hawke Primary Facility Operator bhawke@aurora.ca

Without Walls (WOW):

- Completely free program.
- You do not need to be a member of The Aurora Seniors Cen
- Zoom & Teleconference program options
- Telephone programs are multi-person phone conversations
- Offered 6 days a week, 30-minute programs

Card Bingo: All you need is a standard deck of cards.
Chair Exercise: Light Cardio and strength exercises. Weights are optional
Chair Yoga: Simple yoga movements and breath work anyone can do from a chair
Coffee Chat: Grab your favourite beverage and join us for a friendly conversation
Fun & Games: Activities to make us laugh and stay connected.
Jeopardy: Trivia questions "Jeopardy" style, grab a pen and paper

MONTHLY FEATURES:

Bingo: Get ready to call BINGO! The classic game from the comfort of home. Registration is required If you would like to receive a card to play, cards can be picked up or emailed. Cards can be re-used.
November Nonsense: Fast-paced games, big laughs, and perfectly coordinated chaos—live on Zoom. Expect games, jokes, trivia, brainteasers and lots of shared laughter.
Name that Tune: From classic hits to crowd-favourites, Name That Tune on Zoom will keep you guessing, dancing and singing along
Smart and Safe: Artificial Intelligence for Older Adults: Learn what AI is, how it can help with everyday tasks like finding information, writing messages, and staying connected, while exploring online safety, privacy, and responsible use.
Sit, Stand & Balance: Seated and standing exercises designed to strengthen and improve core, strength and balance.
Sit & Strong: Working on total body strength all from your chair, having fun along the way. Exercise band and weights optional
Sit & Stretch: A full body, seated stretching program focused on improving flexibility, easing tension, and elongating major muscle groups to support mobility and comfort.
Strong & Fit: Focuses on a whole-body workout consisting of cardio, strength and stretching. Exercise bands are used (optional).
Stories & Games: Stories, Biographies, Celebration Days, Music and more.
Travel Destination: Embark on a journey exploring new destinations from the comfort of your home.
Virtual Fun & Games: Various trivia and quizzes
Walking Club Seminars:
Nov 3: NO WALKING CLUB
Nov 10: Medical Cannabis 101 with Appollo Applied Research Inc.
Nov 17: Understanding Elder Abuse: Ageism & Abuse with Yellow Brick House (45-minute seminar)
Nov 24: Strength Training & Conditioning with John from Bayview Physiotherapy

Contact Information: Telephone: 365 500 3342 or Email: wow@aurora.ca

Fun After 55!

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Nov 1 **NO PROGRAMS**	**Nov 2** **10:15** No Class **3:15** Card Bingo (Z/T)	**Nov 3** **12:30** Chair Yoga (Z/T) **2:00** NO WALKING CLUB	**Nov 4** **11:30** Sit, Stand & Balance (Z) **3:15** Short Stories & Games (T)	**Nov 5** **10:15** Sit & Strong (Z) **3:15** Chair Yoga (Z/T)	**Nov 6** **11:15** Sit & Stretch (Z/T) **3:15** Fun & Games (T)
Nov 8 **NO PROGRAMS**	**Nov 9** **10:15** Strong & Fit (Z/T) **3:15** Fun & Games (T)	**Nov 10** **12:30** Chair Yoga (Z/T) **2:00** Walking Club Seminar	**Nov 11** **11:30** Sit, Stand & Balance (Z) **3:15** Short Stories & Games (T)	**Nov 12** **10:15** Sit & Strong (Z) **3:15** Chair Yoga (Z/T) **4:00** Bingo(Z)	**Nov 13** **11:15** Sit & Stretch (Z/T) **3:15** Fun & Games (T)
Nov 15 **12:30** Chair Exercise (Z)	**Nov 16** **10:15** Strong & Fit (Z/T) **3:15** Fun & Games (T)	**Nov 17** **12:30** Chair Yoga (Z/T) **2:00** Walking Club Seminar **3:15** Virtual Fun & Games(Z)	**Nov 18** **11:30** Sit, Stand & Balance (Z) **3:15** Canadian Travel Destination (T)	**Nov 19** **10:15** Sit & Strong (Z) **3:15** Chair Yoga (Z/T)	**Nov 20** **11:15** Sit & Stretch (Z/T) **3:15** Fun & Games (T)
Nov 22 **12:30** Chair Exercise (Z)	**Nov 23** **10:15** Strong & Fit (Z/T) **3:15** Fun & Games (T)	**Nov 24** **12:30** Chair Yoga (Z/T) **2:00** Walking Club Seminar **3:15** November Nonsense (Z)	**Nov 25** **9:30** Smart & Safe Seminar(Z) **11:30** Sit, Stand & Balance (Z) **3:15** Short Stories & Games (T)	**Nov 26** **10:15** Sit & Strong (Z) **3:15** Chair Yoga (Z/T) **4:00** Name That Tune (Z) Rock and Roll	**Nov 27** **11:15** Sit & Stretch (Z/T) **3:15** Fun & Games (T)
Nov 29 **12:30** Chair Exercise (Z)	**Nov 30** **10:15** Strong & Fit (Z/T) **3:15** Jeopardy (Z/T)	**This legend indicates how each WOW program will be available for this month!** T -offered through Teleconference Z—offered through Zoom Z/T—offered through both Zoom & Teleconference Questions or to register email wow@aurora.ca or phone 365-500-3342			

Fun After 55!

November 2026 Calendar

*Town of Aurora pre-registered programs (**Z**) Zoom (**T**) Teleconference (**H**) Hybrid (In-person and zoom) (**ATH**) Aurora Town Hall

Monday 8:30 a.m. to 4:30 p.m.	**Tuesday** 8:30 a.m. to 9 p.m.	**Wednesday** 8:30 a.m. to 4:30 p.m.	**Thursday** 8:30 a.m. to 4:30 p.m.	**Friday** 8:30 a.m. to 9 p.m.
9:00 Woodshop 9:00 Badminton 9:00 Ladies Billiards 9:00 Move & Tone* (Z) 9:00 Men's Fit* (ATH) 9:00 Piloga* 9:00 Beginner Bid Euchre 9:30 Knotty Knitters 10:00 Italian 10:15 Sit & Strong* (Z/T) 10:00 Men's Shed 11:15 Spanish 12:15 Hatha Yoga* 12:30 Duplicate Bridge 1:00 Carpet Bowling 1:00 American Mah-Jongg 1:30 Snooker League 1:30 Stretch & Tone*(H) 2:00 Qi-Gong & Yoga (ATH)* 3:00 Mixed Pickleball 3:15 WOW Fun/Games(T) **November 16** 1:00 Board of Directors Meeting (ATH)	8:30 Woodcarving 9:00 Boot Camp* 9:00 Bocce 9:00 Zumba Gold Toning* 9:30 Balance* 10:00 Computer Club 10:00 Snooker League 10:00 Colour & Chat 10:00 Zumba Gold* 10:30 Balance* 11:00 Piloga* 11:00 Yoga Mat & Meditation (ATH)* 12:30 WOW Chair Yoga (Z/T)* 12:30 Pickleball (Women) 12:45 Table Tennis 1:00 Bid Euchre 1:00 Core on the Floor*(ATH) 1:30 Snooker League 1:45 Get Strong *(ATH) 2:15 Pickleball (Men) 3:00 Chair Fit* (ATH) 4:00 Badminton 6:00 Poker 6:30 Movie 6:30 Woodcarving **November 3** 1:00 Operations & Activities Committee Meeting (ATH)	9:00 Woodshop 9:00 Get Fit* (H) 9:30 Silver Stars 10:00 Chair Yoga* 10:45 Knitting* 9:45 German 10:00 Snooker League 11:00 French 11:30 WOW Sit & Balance (Z) 11:30 Qi-Gong (ATH)* 12:30 Barre for Better Balance (ATH)* 1:00 Let's Create 1:00 Canasta 1:00 Cribbage 1:30 Osteo-Strong & Steady (ATH)* 1:45 Choir 1:30 Bridge 1:30 Snooker League 2:30 Knitting* 3:15 WOW Stories/Games (T) **November 11 & 25** Bistro **November 25** 10:30 – 11:30 Chartwell Blood Pressure	8:30 Woodcarving 9:00 Art Drop In 9:00 Stamp Club 9:00 Basic Cardio*(H) 9:30 Snooker League 9:30 Men's Fit (ATH)* 9:45 Stretch & Tone*(H) 10:00 Men's Shed Bocce 10:30 Keep Singing 11:00 Badminton 11:00 Yoga Chair Movement & Meditation* 11:30 Snooker League 12:30 Table Tennis 12:30 Pickleball (Men) 12:30 Poker 1:00 Bid Euchre 1:00 Pilates (ATH)* 1:30 Pilates for Men (ATH)* 1:30 Snooker League 1:30 Woodcarving Class 2:30 Pickleball (Women) 3:00 WOW Chair Yoga (Z/T) **November 5** 11:00 Special Events Committee 1:00 Fundraising Committee	9:00 Woodshop 9:00 Bocce 9:30 Quilt 'n Sew 9:30 Writers Circle 9:30 Mandarin Singing 10:00 Men's Shed 10:00 Chair: Gentle Exercise* 11:00 Get Strong* (H) 11:15 WOW Sit & Stretch (ZT)* 12:30 Pickleball (Mixed) 12:45 Bingo 1:00 American Mah-Jongg 2:30 Pickleball (Mixed) 3:15 WOW Fun/Games *(T) 6:30 Bid Euchre 7:00 Fun Night **Sunday November 8** Holiday Marketplace **November 27** Winterlicious

Please note: Pickleball times and registration are subject to change. Refer to the Pickleball schedule (available at the Centre or auroraseniors.ca)

- The Billiards Room is available for play during all operating hours.
- All ASA activities have a daily activity fee of $1.00 (loonies preferred please)

Aurora Seniors Centre 90 John West Way, Aurora | (905) 726 4767 seniorscentre@aurora.ca

Aurora Seniors Association

AURORA You're in Good Company