

Facility Schedule for October 4 - 10

	4 Sunday	5 Monday	6 Tuesday	7 Wednesday	8 Thursday	9 Friday	10 Saturday
Fitness Centre & Front Desk	1:00PM-6:00PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:00PM	1:00PM-6:00PM
<u>Lane Swim, Steam Room, & Hot Tub</u>	1:00PM-6:00PM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:00PM	1:00PM-6:00PM *NO LANE SWIM
<u>Public Swim</u>	1:00PM-6:00PM			5:00PM-8:30PM LEISURE POOL & SLIDE		5:00PM-8:00PM	1:00PM-6:00PM
<u>Water Walking</u>		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*	6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		
<u>Parent & Tot</u>		9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	
<u>Low-Impact AquaFit</u>		9:00AM-10:00AM		9:00AM-10:00AM			
<u>Gentle AquaFit</u>		10:00AM-11:00AM		10:00AM-11:00AM			
<u>AquaFit Shallow Water</u>			11:00AM-12:00PM		11:00AM-12:00PM	9:00AM-10:00AM	
<u>AquaFit Deep Water</u>			7:30PM-8:30PM		7:30PM-8:30PM		
<u>Other Activities</u>							WIBIT WEEKEND *NO LANE SWIM OR SLIDE*

Facility Schedule for October 11 - 17

	11 Sunday	12 Monday	13 Tuesday	14 Wednesday	15 Thursday	16 Friday	17 Saturday
Fitness Centre & Front Desk	1:00PM-6:00PM	CLOSED	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:00PM	9:00AM-6:00PM
<u>Lane Swim, Steam Room, & Hot Tub</u>	1:00PM-6:00PM *NO LANE SWIM*		6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:00PM	1:00PM-6:00PM
<u>Public Swim</u>	1:00PM-6:00PM			5:00PM-8:30PM LEISURE POOL & SLIDE		5:00PM-8:00PM	1:00PM-6:00PM
<u>Water Walking</u>			6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		
<u>Parent & Tot</u>			9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	
<u>Low-Impact AquaFit</u>				9:00AM-10:00AM			
<u>Gentle AquaFit</u>				10:00AM-11:00AM			
<u>AquaFit Shallow Water</u>			11:00AM-12:00PM		11:00AM-12:00PM	9:00AM-10:00AM	
<u>AquaFit Deep Water</u>			7:30PM-8:30PM		7:30PM-8:30PM		
<u>Other Activities</u>	WIBIT WEEKEND *NO LANE SWIM OR SLIDE*	CLOSED FOR THANKSGIVING					

Facility Schedule for October 18 - 24

	18 Sunday	19 Monday	20 Tuesday	21 Wednesday	22 Thursday	23 Friday	24 Saturday
Fitness Centre & Front Desk	1:00PM-6:00PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-6:00PM	CLOSED
<u>Lane Swim, Steam Room, & Hot Tub</u>	1:00PM-6:00PM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 1:00PM-6:00PM	
<u>Public Swim</u>	1:00PM-6:00PM			5:00PM-8:30PM LEISURE POOL & SLIDE		1:00PM-6:00PM	
<u>Water Walking</u>		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*	6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		
<u>Parent & Tot</u>		9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	
<u>Low-Impact AquaFit</u>		9:00AM-10:00AM		9:00AM-10:00AM			
<u>Gentle AquaFit</u>		10:00AM-11:00AM		10:00AM-11:00AM			
<u>AquaFit Shallow Water</u>			11:00AM-12:00PM		11:00AM-12:00PM	9:00AM-10:00AM	
<u>AquaFit Deep Water</u>			7:30PM-8:30PM		7:30PM-8:30PM		
<u>Other Activities</u>						NO SCHOOL PUBLIC SWIM FACILITY CLOSSES AT 6:00PM	CLOSED FOR SPECIAL OLYMPICS SWIM MEET

Facility Schedule for October 25 - 31

	25 Sunday	26 Monday	27 Tuesday	28 Wednesday	29 Thursday	30 Friday	31 Saturday
Fitness Centre & Front Desk	1:00PM-6:00PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:00PM	9:00AM-6:00PM
<u>Lane Swim, Steam Room, & Hot Tub</u>	1:00PM-6:00PM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:00PM	1:00PM-6:00PM
<u>Public Swim</u>	1:00PM-6:00PM			5:00PM-8:30PM LEISURE POOL & SLIDE		5:00PM-8:00PM	1:00PM-6:00PM
<u>Water Walking</u>		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*	6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		
<u>Parent & Tot</u>		9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	
<u>Low-Impact AquaFit</u>		9:00AM-10:00AM		9:00AM-10:00AM			
<u>Gentle AquaFit</u>		10:00AM-11:00AM		10:00AM-11:00AM			
<u>AquaFit Shallow Water</u>			11:00AM-12:00PM		11:00AM-12:00PM	9:00AM-10:00AM	
<u>AquaFit Deep Water</u>			7:30PM-8:30PM		7:30PM-8:30PM		
<u>Other Activities</u>							

Facility Schedule for November 1 - 7

	1 Sunday	2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday	7 Saturday
Fitness Centre & Front Desk	1:00PM-6:00PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:00PM	9:00AM-6:00PM
<u>Lane Swim, Steam Room, & Hot Tub</u>	1:00PM-6:00PM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:00PM	1:00PM-6:00PM
<u>Public Swim</u>	1:00PM-6:00PM			5:00PM-8:30PM LEISURE POOL & SLIDE		5:00PM-8:00PM	1:00PM-6:00PM
<u>Water Walking</u>		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*	6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		
<u>Parent & Tot</u>		9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	
<u>Low-Impact AquaFit</u>		9:00AM-10:00AM		9:00AM-10:00AM			
<u>Gentle AquaFit</u>		10:00AM-11:00AM		10:00AM-11:00AM			
<u>AquaFit Shallow Water</u>			11:00AM-12:00PM		11:00AM-12:00PM	9:00AM-10:00AM	
<u>AquaFit Deep Water</u>			7:30PM-8:30PM		7:30PM-8:30PM		
<u>Other Activities</u>							

Facility Schedule for November 8 - 14

	8 Sunday	9 Monday	10 Tuesday	11 Wednesday	12 Thursday	13 Friday	14 Saturday
Fitness Centre & Front Desk	1:00PM-6:00PM	6:00AM-8:30PM	6:00AM-8:30PM	CLOSED	6:00AM-8:30PM	6:00AM-6:00PM	9:00AM-6:00PM
<u>Lane Swim, Steam Room, & Hot Tub</u>	1:00PM-6:00PM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM		6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 1:00PM-6:00PM	1:00PM-6:00PM *NO LANE SWIM
<u>Public Swim</u>	1:00PM-6:00PM	1:00PM-4:00PM	1:00PM-4:00PM		1:00PM-4:00PM	1:00PM-6:00PM	1:00PM-6:00PM
<u>Water Walking</u>		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*	6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		
<u>Parent & Tot</u>		9:00AM-12:00PM	9:00AM-12:00PM		9:00AM-12:00PM	9:00AM-12:00PM	
<u>Low-Impact AquaFit</u>		9:00AM-10:00AM					
<u>Gentle AquaFit</u>		10:00AM-11:00AM					
<u>AquaFit Shallow Water</u>			11:00AM-12:00PM		11:00AM-12:00PM	9:00AM-10:00AM	
<u>AquaFit Deep Water</u>			7:30PM-8:30PM		7:30PM-8:30PM		
<u>Other Activities</u>		FALL BREAK AFTERNOON PUBLIC SWIM	FALL BREAK AFTERNOON PUBLIC SWIM	CLOSED FOR REMEMBERANCE DAY	FALL BREAK AFTERNOON PUBLIC SWIM	NO SCHOOL PUBLIC SWIM *FACILITY CLOSES AT 6:00PM*	WIBIT WEEKEND *NO LANE SWIM OR SLIDE*

Facility Schedule for November 15 - 21

	15 Sunday	16 Monday	17 Tuesday	18 Wednesday	19 Thursday	20 Friday	21 Saturday
Fitness Centre & Front Desk	1:00PM-6:00PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:00PM	9:00AM-6:00PM
<u>Lane Swim, Steam Room, & Hot Tub</u>	1:00PM-6:00PM *NO LANE SWIM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:00PM	1:00PM-6:00PM
<u>Public Swim</u>	1:00PM-6:00PM			5:00PM-8:30PM LEISURE POOL & SLIDE		5:00PM-8:00PM	1:00PM-6:00PM
<u>Water Walking</u>		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*	6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		
<u>Parent & Tot</u>		9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	
<u>Low-Impact AquaFit</u>		9:00AM-10:00AM		9:00AM-10:00AM			
<u>Gentle AquaFit</u>		10:00AM-11:00AM		10:00AM-11:00AM			
<u>AquaFit Shallow Water</u>			11:00AM-12:00PM		11:00AM-12:00PM	9:00AM-10:00AM	
<u>AquaFit Deep Water</u>			7:30PM-8:30PM		7:30PM-8:30PM		
<u>Other Activities</u>	WIBIT WEEKEND *NO LANE SWIM OR SLIDE*						

Facility Schedule for November 22 - 28

	22 Sunday	23 Monday	24 Tuesday	25 Wednesday	26 Thursday	27 Friday	28 Saturday
Fitness Centre & Front Desk	1:00PM-6:00PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:00PM	9:00AM-6:00PM
<u>Lane Swim, Steam Room, & Hot Tub</u>	1:00PM-6:00PM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:00PM	1:00PM-6:00PM
<u>Public Swim</u>	1:00PM-6:00PM			5:00PM-8:30PM LEISURE POOL & SLIDE		5:00PM-8:00PM	1:00PM-6:00PM
<u>Water Walking</u>		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*	6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		
<u>Parent & Tot</u>		9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	
<u>Low-Impact AquaFit</u>		9:00AM-10:00AM		9:00AM-10:00AM			
<u>Gentle AquaFit</u>		10:00AM-11:00AM		10:00AM-11:00AM			
<u>AquaFit Shallow Water</u>			11:00AM-12:00PM		11:00AM-12:00PM	9:00AM-10:00AM	
<u>AquaFit Deep Water</u>			7:30PM-8:30PM		7:30PM-8:30PM		
<u>Other Activities</u>							

Facility Schedule for November 29 - December 5

	29 Sunday	30 Monday	1 Tuesday	2 Wednesday	3 Thursday	4 Friday	5 Saturday
Fitness Centre & Front Desk	1:00PM-6:00PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-6:00PM	9:00AM-6:00PM
<u>Lane Swim, Steam Room, & Hot Tub</u>	1:00PM-6:00PM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 1:00PM-6:00PM	1:00PM-6:00PM
<u>Public Swim</u>	1:00PM-6:00PM			5:00PM-8:30PM LEISURE POOL & SLIDE		1:00PM-6:00PM	1:00PM-6:00PM
<u>Water Walking</u>		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*	6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		
<u>Parent & Tot</u>		9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	
<u>Low-Impact AquaFit</u>		9:00AM-10:00AM		9:00AM-10:00AM			
<u>Gentle AquaFit</u>		10:00AM-11:00AM		10:00AM-11:00AM			
<u>AquaFit Shallow Water</u>			11:00AM-12:00PM		11:00AM-12:00PM	9:00AM-10:00AM	
<u>AquaFit Deep Water</u>			7:30PM-8:30PM		7:30PM-8:30PM		
<u>Other Activities</u>						NO SCHOOL PUBLIC SWIM *FACILITY CLOSSES AT 6:00PM*	

Facility Schedule for December 6 - 12

	6 Sunday	7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday	12 Saturday
Fitness Centre & Front Desk	1:00PM-6:00PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:00PM	9:00AM-6:00PM
<u>Lane Swim, Steam Room, & Hot Tub</u>	1:00PM-6:00PM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:00PM	1:00PM-6:00PM *NO LANE SWIM
<u>Public Swim</u>	1:00PM-6:00PM			5:00PM-8:30PM LEISURE POOL & SLIDE		5:00PM-8:00PM	1:00PM-6:00PM
<u>Water Walking</u>		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*	6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		
<u>Parent & Tot</u>		9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	
<u>Low-Impact AquaFit</u>		9:00AM-10:00AM		9:00AM-10:00AM			
<u>Gentle AquaFit</u>		10:00AM-11:00AM		10:00AM-11:00AM			
<u>AquaFit Shallow Water</u>			11:00AM-12:00PM		11:00AM-12:00PM	9:00AM-10:00AM	
<u>AquaFit Deep Water</u>			7:30PM-8:30PM		7:30PM-8:30PM		
<u>Other Activities</u>							WIBIT WEEKEND *NO LANE SWIM OR SLIDE*

Facility Schedule for December 13 - 19

	13 Sunday	14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday	19 Saturday
Fitness Centre & Front Desk	1:00PM-6:00PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:00PM	1:00PM-6:00PM
<u>Lane Swim, Steam Room, & Hot Tub</u>	1:00PM-6:00PM *NO LANE SWIM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:00PM	1:00PM-6:00PM
<u>Public Swim</u>	1:00PM-6:00PM			5:00PM-8:30PM LEISURE POOL & SLIDE		5:00PM-8:00PM	1:00PM-6:00PM
<u>Water Walking</u>		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*	6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		
<u>Parent & Tot</u>		9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	
<u>Low-Impact AquaFit</u>		9:00AM-10:00AM		9:00AM-10:00AM			
<u>Gentle AquaFit</u>		10:00AM-11:00AM		10:00AM-11:00AM			
<u>AquaFit Shallow Water</u>			11:00AM-12:00PM		11:00AM-12:00PM	9:00AM-10:00AM	
<u>AquaFit Deep Water</u>			7:30PM-8:30PM		7:30PM-8:30PM		
<u>Other Activities</u>	WIBIT WEEKEND *NO LANE SWIM OR SLIDE*						

Facility Schedule for December 13 - 19

	13 Sunday	14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday	19 Saturday
Fitness Centre & Front Desk	1:00PM-6:00PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:00PM	1:00PM-6:00PM
<u>Lane Swim, Steam Room, & Hot Tub</u>	1:00PM-6:00PM *NO LANE SWIM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:30PM	6:00AM-12:00PM 5:00PM-7:30PM	6:00AM-12:00PM 5:00PM-8:00PM	1:00PM-6:00PM
<u>Public Swim</u>	1:00PM-6:00PM			5:00PM-8:30PM LEISURE POOL & SLIDE		5:00PM-8:00PM	1:00PM-6:00PM
<u>Water Walking</u>		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*	6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		6:00AM-12:00PM 5:00PM-8:30PM* *LAZY RIVER ONLY*		
<u>Parent & Tot</u>		9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	9:00AM-12:00PM	
<u>Low-Impact AquaFit</u>		9:00AM-10:00AM		9:00AM-10:00AM			
<u>Gentle AquaFit</u>		10:00AM-11:00AM		10:00AM-11:00AM			
<u>AquaFit Shallow Water</u>			11:00AM-12:00PM		11:00AM-12:00PM	9:00AM-10:00AM	
<u>AquaFit Deep Water</u>			7:30PM-8:30PM		7:30PM-8:30PM		
<u>Other Activities</u>	WIBIT WEEKEND *NO LANE SWIM OR SLIDE*						