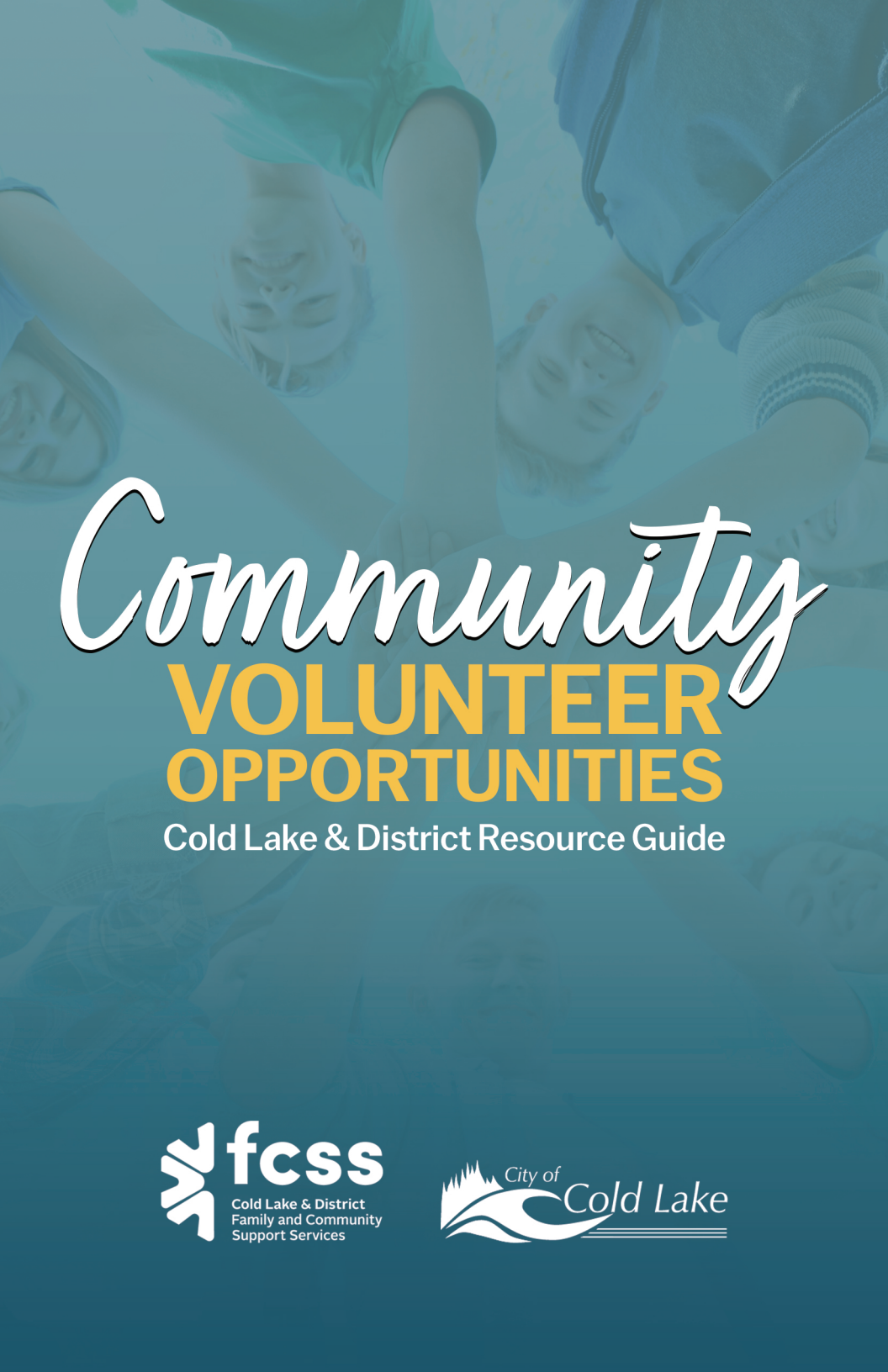




Community **VOLUNTEER OPPORTUNITIES**

Cold Lake & District Resource Guide



Hello!

Volunteers are an important part of many community organizations. Volunteering can be beneficial for personal and professional skill development, as well as meeting new people, and contributing to local causes or community development.

In partnership with the community, Cold Lake and District FCSS has created this guide as a starting place for prospective volunteers, using information collected from local volunteer organizations. This is not an exhaustive list of every volunteer organization or opportunity available.

To have your organization's volunteer program and opportunities included in future editions of this guide, contact Cold Lake and District FCSS at fcss@coldlake.com.

Why volunteer?

Everyone has their own reason for giving back. Volunteering can help you:

- Support your mental health and well-being
- Meet new people and build connections
- Make a difference in your community
- Explore interests, careers, and opportunities
- Build confidence, skills, and a sense of purpose
- Enjoy fun meaningful experiences

Cold Lake and District FCSS supports volunteering because it:

- Encourages community involvement and connection
- Creates a sense of belonging and inclusion
- Builds healthy relationships and access to social support
- Strengthens individual and community resilience

Thank you for making a difference.



AGE FRIENDLY



Mission

To walk alongside older adults, supporting their independence while ensuring they feel seen, heard, and valued.

Volunteer Opportunities

- Community Ambassadors
- Drivers (local & out of town)
- Feast to Friendship Luncheon
- Friendly visitation
- Friendly visitor and check-in volunteers
- Hospital visitor
- Men's Shed ambassadors
- Office support
- Palliative care bags
- Social media volunteer
- Special events
- Tri Shaw pilots

Youth/Family Opportunities Yes

Contact

Phone: 780-594-5666

Website: www.agefriendlycoldlake.ca

Email: volunteerco@agefriendlycoldlake.ca

Location: #5-5510 56 St, Cold Lake, AB



COLD LAKE AGRICULTURE SOCIETY



Mission

Using the strengths, dedication and integrity of our society to create a plan to engage the community, and foster pride of community and our heritage, and to encourage continuity.

Volunteer Opportunities

- Bartenders
- Board members
- Gates volunteers
- Kitchen volunteers

Youth/Family Opportunities Inquire with organization

Contact

Phone: 780-594-0667

Website: www.coldlakeag.com

Email: finance@coldlakeag.org

Location: Exhibition Park - 4608 38 Ave.



Mission

The City of Cold Lake invites citizens to sit on various Boards, Committees and Commissions. Boards, Committees and Commissions serve a valuable function assisting Council in carrying out the duties of Municipal Government. Applicants must be a resident of the City of Cold Lake or Municipal District of Bonnyville and at least 18 years of age.

Volunteer Opportunities

- Combative Sports Commission
- Community Grants Advisory Committee
- Composite Assessment Review Board
- Economic Development Advisory Committee
- Family & Community Support Services (FCSS) Advisory Committee
- Library Board
- Local Assessment Review Board
- Municipally Controlled Corporation (MCC) – Cold Lake Primary Care Medical Clinic Ltd. o/a CL Medical Clinic
- Policing Committee
- Regional Sports Tourism
- Subdivision & Development Appeal Board

Youth/Family Opportunities N/A

Contact

Phone: 780-594-4494

Email: creimer@coldlake.com

Website: www.coldlake.com/boards

Location: City Hall, 5513 48 Avenue, Cold Lake, AB



COLD LAKE COMMUNITY GARDEN SOCIETY



Mission

A not-for-profit organization run by volunteers that aims to create greater resiliency, sustainability, and food security in the beautiful community of Cold Lake.

Volunteer Opportunities Inquire with organization

Youth/Family Opportunities Inquire with organization

Contact

Email: clcomgardensociety@gmail.com

Location: Imperial Park, west of the Cold Lake Energy Centre



COLD LAKE FIRE RESCUE



Mission

If you're looking for a meaningful way to give back to your community, consider joining Cold Lake Fire-Rescue. We are a team of dedicated volunteers committed to protecting lives, property, and the environment through emergency response, fire prevention, public education, and community service. No previous firefighting experience is required. Successful applicants receive comprehensive training, ongoing mentorship, and the support needed to become confident members of our team. As a firefighter, you'll gain valuable skills, build lasting friendships, respond to a wide range of emergencies, and play an important role in making Cold Lake a safer, stronger community.

Volunteer Opportunities

- Fire-Rescue volunteer

Family/ Youth Opportunities N/A

Contact

Phone: 780-594-4494 Ext. 8032

Website: www.coldlake.com/recruit



Location: Cold Lake South Fire Hall,
5207 55 Street, Cold Lake, AB

Application: [coldlake.com/media/1vlj0lir/
clfr-application.pdf](http://coldlake.com/media/1vlj0lir/clfr-application.pdf)

COLD LAKE AND DISTRICT FCSS



Mission

FCSS strives to foster an engaged community of caring, compassionate people and healthy, happy families. In partnership with the community, we provide locally driven, preventative social initiatives, which aid in improving the quality of life for individuals and families.

Volunteer Opportunities

- Cold Lake Bully Free Committee
- Cold Lake Youth Council
- Community Volunteer Income Tax Program (CVITP)
- Emergency Social Services volunteer
- Event support, E.g. Neighborhood Block Parties, family fun nights
- KidSport
- Meals on Wheels driver
- Snow Angels/Lawn Busters

Family/ Youth Opportunities Yes, inquire with organization

Contact

Phone: 780-594-4495

Website: www.coldlake.com/fcss



Location: 5220 54 Street, Cold Lake, AB

Application: [coldlake.com/media/
hlfbemzk/51-00-28-volunteer-applica-
tion-and-profile.pdf](http://coldlake.com/media/hlfbemzk/51-00-28-volunteer-application-and-profile.pdf)

COLD LAKE COMMUNITY LEARNING CENTRE



Mission

Cold Lake Community Learning Centre has been dedicated to helping adults achieve their learning goals since 1974 by offering and providing learning opportunities. We pair and connect adult learners who want to improve their reading comprehension, writing, math, digital, and English as a second language skills with volunteer-tutors. We also offer a range of diverse classes and workshops, including language classes.

Volunteer Opportunities

- Tutor for English as a second language
- Board member
- Tutors for math, language arts, science or social studies to help adults pass the Canadian adult education credential (CAEC)

Family/ Youth Opportunities N/A

Contact

Phone: 780-639-3134

Email: program@coldlakelearns.com

Website: www.coldlakelearns.com

Location: Room 213, 1301 8 Avenue
(second floor of Cold Lake Seniors Society building)



COLD LAKE FOOD BANK



Mission:

To provide food support to those facing food insecurity by supplementing their food requirements.

Volunteer Opportunities

- Bread recovery
- Client service
- Event support
- Hamper building
- Warehouse support

Family/ Youth Opportunities Yes, inquire with organization

Contact

Phone: 780-201-6589

Website: www.coldlakefoodbank.ca

Location: 5702 50 Avenue, Cold Lake, AB

Note: We have moved to a new volunteer coordination platform, "Do Some Good," where volunteers are able to view upcoming volunteer opportunities as well as see our latest communications.



COLD LAKE HEALTHCARE CENTRE



Mission

Accessing health care can often be an overwhelming and stressful experience. Volunteers provide assistance to patients and their families in a variety of roles throughout a patient's health care journey.

Volunteer Opportunities

- Friendly visitor in Acute Care

Family/Youth Opportunities Inquire with organization

Contact

Phone: 780-725-6372

Location: 314 25 Street, Cold Lake, AB

Email: kimberley.biggar@albertahealthservices.ca

Website: www.albertahealthservices.ca/info/page10839.aspx

Application: app.betterimpact.com/Application?OrganizationGuid=806f1e1-c139-44a0-8af0-d2a3e743c15f&ApplicationFormNumber=1



COLD LAKE JUNIOR B ICE HOCKEY CLUB



Mission

Formed in 2001, the Cold Lake Ice has become a force to reckon with in the North Eastern Alberta Junior B Hockey League. The Cold Lake Ice is a team of hard working and dedicated men who train hard to play their sport of choice. Together with the support of our community, fans, sponsors and volunteers, our organization works together as we proudly watch our players develop and progress with each new season.

Volunteer Opportunities

- Board members
- Chuck-a-Puck sales
- Game day public relations announcer
- Merchandise sales
- Penalty box attendants
- Security
- Ticket sales
- 50/50 sales

Family/Youth Opportunities Inquire with organization

Contact

Website: www.coldlakeice.com

Location: Home games - Imperial Oil Place, Cold Lake Energy Centre, 7825 51 Street



COLD LAKE LODGE



Mission

Lakeland Lodge and Housing Foundation provides quality senior lodge communities and safe, well-maintained housing for community members in need. Volunteers help enhance the quality of life of the Seniors in our supportive living (lodge) facilities. Volunteering is a wonderful way to give something back to your community, make a difference in someone's life as well as yours, gain valuable experience, make lasting friendships, and have fun all at the same time. We offer flexible daytime and evening volunteer opportunities.

Volunteer Opportunities

- Assisting with activities and outings
- Visiting with residents
- Sharing special talents with residents

Family/Youth Opportunities Inquire with organization

Contact

Phone: 780-639-3495

Website: www.lakelandfoundation.ca/ColdLakeLodge.html



Location: 120 16th Street, Cold Lake, AB

Application: <https://www.lakelandfoundation.ca/Documents/Volunteer%20Application%20Cold%20Lake.pdf>

COLD LAKE PUBLIC LIBRARY



Mission

Our library contributes to the well-being and health of our community by providing information, supporting literacy and bringing people together. Because of our participation in the Northern Lights Library System, our library is a single point of access to millions of movies, books, CDs, DVDs, events and more.

Volunteer Opportunities

- Board Member

Family/Youth Opportunities Inquire with organization

Contact

Phone: 780-594-5101

Email: tboudreau@coldlakelibrary.ca

Website: www.coldlakelibrary.ca

Location: Cold Lake South Branch - 5513B
48 Avenue, Cold Lake, AB



COLD LAKE SEARCH AND RESCUE



Mission

The Cold Lake Search and Rescue Society is a volunteer-run, non-profit organization dedicated to locating and assisting individuals missing in the wilderness areas surrounding the Lakeland region. Our trained professionals respond to a variety of emergencies, including lost hikers, hunters, children, and individuals with cognitive impairments. We also assist in evidence searches and recoveries. Our services are engaged through the RCMP detachment.

Volunteer Opportunities

- Logistical support
- Member in training

Family/Youth Opportunities N/A

Contact

Phone: 647-236-7018

Website: www.coldlakesar.ca



Location: Contact organization for meeting location

Application: www.coldlakesar.ca/join/

COLD LAKE SENIORS' SOCIETY



Mission

Our purpose is to provide recreational, social, educational and health related programs for seniors from the Cold Lake and surrounding area.

Volunteer Opportunities Inquire with organization

Family/Youth Opportunities Inquire with organization

Contact

Phone: 780-639-0065

Email: coldlake@telus.net



Location: 1301 8 Avenue, Cold Lake, AB

GRAND CENTRE LIONS CLUB



Mission

Driven by service, united by values, strengthened by diversity.

Volunteer Opportunities

- Child Find
- Collect used eyeglasses
- Fred Brady Memorial Golf Scramble
- Lions Christmas cakes
- NHL Stanley Cup Playoff hockey draft
- Santa's Anonymous
- Travelling hot dog trailer

Family/Youth Opportunities Inquire with organization

Contact

Email: grandcentrelions@gmail.com

Website: e-clubhouse.org/sites/grandcentre

Location: Meetings held at 784 Wing
RCAF Association, 5319 48 Avenue,
Cold Lake, AB



HEARTS FOR HEALTHCARE



Mission

Hearts for Healthcare is a charitable non-profit organization founded in 2009 in response to growing community healthcare needs. Led by a group of dedicated volunteers, our goal is to enrich and enhance healthcare services in the Cold Lake area. Leading the community to achieve best in class healthcare through informed dialogue, inspired volunteerism, and innovative thinking.

Volunteer Opportunities

- Annual Hearts for Healthcare Gala
- Board members
- Events - Tim Hortons Smile Cookie Campaign, Wellness Raffle, Sparkle in the Park
- Fundraising Committee
- Healthcare professional - Attraction & Retention Committee
- Office administration and bookkeeping

Family/Youth Opportunities Yes, inquire with organization

Contact

Phone: 780-812-1312

Email: coordinator@heartsforhealthcare.ca

Website: heartsforhealthcare.ca

Location: 205 - 4807 51 Street,
Cold Lake, AB



1ST KINOSOO SCOUTS/ MEDLEY BEAVERS & CUBS



Mission

To help develop well-rounded youth, better prepared for success in the world.

Volunteer Opportunities Inquire with organization

Family/Youth Opportunities Inquire with organization

Contact

Email: kinosoo.scout.group@gmail.com

Website: scouts.ca/councils/western/northern-lights/home.html



Location: 1st Kinosoo Scouts meet at Nelson Heights Middle School, 2035 5 Avenue, Cold Lake, AB
Medley Beavers and Cubs meet at McKenzie Arts and Cultural Centre, 83 Hickory Street, 4Wing Cold Lake

KINOSOO PERFORMING ARTS ASSOCIATION



Mission

Founded in 1979, Kinosoo Performing Arts Association (KPAA) is a non-profit Alberta Society based in Cold Lake, Alberta. Kinosoo Performing Arts is a registered non-profit society dedicated to bringing quality entertainment to the Cold Lake area. The society is coordinated and run entirely by interested volunteers. New committee members are always welcome. KPAA was structured with a clear vision for the future of Cold Lake and area. Its mission is to strengthen and invigorate our community through the performing arts.

Volunteer Opportunities Inquire with organization

Family/Youth Opportunities Yes, inquire with organization.

Contact

Email: williey4@hotmail.com

Website: www.kinosooperformingarts.ca



Location: Performances held at the Cold Lake Seniors Society, 1301 8 Street, Cold Lake, AB

LAKELAND CENTRE FOR FASD



Mission

We envision a region with no new FASD births and where currently affected individuals are well supported. LCFASD will establish and ensure that accurate information about Fetal Alcohol Spectrum Disorder (FASD), and effective prevention, diagnostic and support services are available in the Lakeland area. FASD is committed to providing the highest quality services to persons affected by FASD, including children diagnosed with FASD, their families, schools, employers and community agencies.

Volunteer Opportunities

- Board member
- FASD summer camp volunteers
- Mocktail Magic Bar Service Volunteers
- Volunteers for International FASD day

Family/Youth Opportunities Yes, inquire with organization

Contact

Phone: 780-594-9905

Email: mhuszar@lcfasd.com

Website: www.lcfasd.com

Location: 4823 50 Street, Cold Lake, AB



LAKELAND HUMANE SOCIETY



Mission

In cooperation with local communities, the Lakeland Humane Society provides a safe haven for cats and dogs, while promoting responsible pet ownership, a concern for animal welfare, compassion for all living things and their environment, and a commitment to make a difference.

Volunteer Opportunities

- Board Member
- Fundraiser Helpers

Family/Youth Opportunities Inquire with organization

Contact

Phone: 780-594-1896

Email: admin@lhsab.ca

Website: www.lakelandhumanesociety.org

Location: 43017 Highway 55, Cold Lake, AB



LICA (LAKELAND INDUSTRY & COMMUNITY ASSOCIATION) ENVIRONMENTAL STEWARDS



Mission

LICA collects, shares and acts upon credible data, Indigenous knowledge and information relevant to the environment. This will be achieved through scientific study, community engagement, and meaningful partnerships.

Volunteer Opportunities

- Shoreline Clean ups
- Winter Lake Keepers Program

Family/Youth Opportunities Inquire with organization

Contact

Phone: 780-812-2182

Email: lica2@lica.ca

Website: www.lica.ca

Location: 5107 W 50 Street,
Bonnyville, AB



MILITARY FAMILY RESOURCE CENTRE SOCIETY(MFRCS)



Mission

Community Strength Through Family Strength. To enable a mission ready force by addressing the unique challenges faced by Canadian Armed Forces members and their families that result from military service and to work for the general betterment of life for military families within 4 Wing's area of responsibility. We assess the needs of the community and respond with a professional and consistent system of support, programs, services, and activities. This community-based system of family support is to be aimed at promoting health and social well-being.

Volunteer Opportunities

- 4Wing community events
- Board of Directors
- Crop Haven Committee (Scrapbooking)
- Deployment support
- Event volunteers
- Program facilitators
- Warm line callers
- Welcome packages

Family/Youth Opportunities Inquire with organization

Contact

Phone: 780-594-6006

Email: volunteer@4wingmfrcs.com

Website: www.4wing-mfrcs.com

Location: 674 Kingsway Avenue, CFB
Cold Lake



SPECIAL OLYMPICS LAKELAND



Mission

Inclusive sports for all. Our mission is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continued opportunities to develop fitness, demonstrate courage, experience joy, and participate in a sharing of gifts, skills and friendship with their families, other Special Olympic athletes, and the community.

Volunteer Opportunities Inquire with organization

Family/Youth Opportunities Inquire with organization

Contact

Email: specialolympicslakeland@gmail.com

Location: Determined by sport

Website: www.specialolympics.ab.ca/communities/lakeland



STEPPING STONES CRISIS SOCIETY



Mission

Provide safe and secure shelter and support to women and children in crisis. Assist individuals and families by providing resources and advocacy. Educate the public and create partnerships to prevent family violence and build stronger communities.

Volunteer Opportunities

- BINGO volunteers at Lakeland Bingo hall
- Event volunteer
- Donation management volunteer at Orbiting Trends
- Fundraising volunteer
- Maintenance/ Yard worker

Family/Youth Opportunities Yes, inquire with organization

Contact

Phone: 780-343-0405

Volunteer Coordinator

Website: www.steppingstonesociety.ca

Location: Office 5305 47 Street,
Cold Lake, AB

Orbiting Trends 5206 50 Avenue,
Cold Lake, AB

Volunteer Application:

steppingstonesociety.ca/volunteer-application-form



WOODSMOKE GIRL GUIDES



Mission

Girl Guides of Canada enables girls to be confident, resourceful and courageous, and to make a difference in the world.

Volunteer Opportunities

- Leaders

Family/Youth Opportunities Inquire with organization

Contact

Phone: 780-424 - 5510 | Alberta Council

Email: any-woodsmokeac@girlguides.ca

Website: www.albertagirlguides.ca/volunteer.html

Location: Please contact for meeting



664 ROYAL CANADIAN AIR CADET



Mission

To promote and encourage the nation's youth to develop and maintain an interest in aviation, leadership, and citizenship, in partnership with the Canadian Armed Forces and other organizations.

Volunteer Opportunities Inquire with organization

Family/Youth Opportunities Inquire with organization

Contact

Phone: 780-545-1664

Email: 664coldlake@gmail.com

Website:

apcaci.ca/join/become-a-volunteer

Location: Art Smith Aviation Academy



784 (DIAMOND JUBILEE) WING ROYAL CANADIAN AIR FORCE ASSOCIATION



Mission

The Royal Canadian Air Force Association is a national not-for-profit aerospace and community service organization established to commemorate the noble achievements of the men and women who have served as members of Canada's air force since its inception. The RCAF Association is an advocate of a strong, versatile and modern air force which will adapt and innovate to ensure the security of Canada and its citizens.

Volunteer Opportunities Please contact organization.

Family/Youth Opportunities N/A

Contact

Phone: 780-594-6175

Email: info@784wing.ca

Website: www.784wing.ca

Location: 5319 48 Avenue, Cold Lake, AB



FIND YOUR FIT

Not sure where to start?

Here are some ideas based on what you love.

INTERESTS	SUGGESTED VOLUNTEER ORGANIZATIONS
Animals/Environment	Cold Lake Community Garden Society
	Lakeland Humane Society
	LICA
Community Development	City of Cold Lake - Boards, Committees & Commissions
	Military Family Resource Centre Society
	Grand Centre Lions Club
Driving	Cold Lake & District FCSS - Meals on Wheels
	Age Friendly - Local & out of town drivers
Education & Literacy	Cold Lake Community Learning
	Cold Lake Library
Entertainment & Music	Kinosoo Performing Arts Association
	Cold Lake Agriculture Society
Food Security	Cold Lake Food Bank
	Cold Lake Community Garden Society
Health	Hearts for Healthcare
	Alberta Health Services friendly visitor
Meeting People & Socializing	Cold Lake Agriculture Society
	Military Family Resource Centre Society
	Kinosoo Performing Arts Association
	784 Wing RCAFA
	Grand Centre Lions Club

Office Support	Hearts for Healthcare
	Age Friendly
	Lakeland Humane Society
Outdoor Activities	1st Kinosoo Scouts
	Woodsmoke Girl Guides
	664 Air Cadet Squadron
	Cold Lake Search and Rescue
Seniors	Age Friendly
	Cold Lake Seniors Society
	Cold Lake Lodge
Social Issues	Stepping Stones Crisis Centre
	Lakeland Centre for FASD
Sports	Cold Lake Junior B Ice Hockey Club
Supporting New Canadians	Cold Lake Community Learning
Sustainable Living & Fashion	Stepping Stones Crisis Centre (Orbiting Trends & Ellas Closet)
Youth	1st Kinosoo Scouts
	Woodsmoke Girl Guides
	664 Air Cadet Squadron



*Let's work together to build
a stronger community!*

Interested in having your organization included?

**CONTACT
FCSS**

780-594-4495

fcss@coldlake.com

www.coldlake.com/fcss

