

After Your Gold Seed Procedure with Local Anesthetic

This handout offers information on what to do after your gold seed procedure with a local anesthetic (freezing).

What happens after your procedure

This procedure may make you feel uncomfortable. You may have some swelling of your perineum (area between the anus and rectum).

What you can do after your procedure

- Take acetaminophen (also called Tylenol) for mild pain or discomfort you may have. Your radiation oncologist may also give you a prescription for a stronger pain medication.
- Wrap an ice pack or bag of frozen peas in a towel. Put it on your perineum area for 20 minutes at a time. You can repeat this 4 to 6 times a day while you are awake.
- You can still have sexual intercourse (sex).

Go to the Emergency Department at the hospital closest to you if you:

- Have severe pain that is not relieved by taking Tylenol.
- Have severe bleeding.
- Are not able to urinate.
- Faint after your procedure.
- Have a fever above 38.3° C/100.9°F at any time or above 38.0° C/100.4°F for more than an hour.

Next steps in your care and treatment

You will be given an appointment for your CT simulation. Your radiation oncologist may also order an MRI for you. These tests will be used to plan your external beam radiation treatments.

You need to have an empty rectum and full bladder for your CT simulation and MRI appointments.

Call the radiation therapy receptionist at 905-576-8711 extension 33856 if you have any questions about the dates for your appointments.

If you are scheduled for an MRI and a CT simulation appointment.

Date	Time	What you need to do
The day of your CT simulation and MRI appointments	Time: _____	Give yourself the Fleet Enema: • <u>2 hours before leaving home</u> to come for your CT simulation/MRI appointment. OR • You can choose to give yourself the enema <u>the night before</u> your appointment.

1. Empty your bladder about 1 hour before the scheduled time of your MRI appointment.
2. Drink 2 cups (500 ml) of water in 15 minutes.
3. Do not empty your bladder after drinking the water. Your bladder should be comfortably full, but not painful.
4. Empty your bladder after your MRI appointment.
5. Begin drinking water until you have drunk 2 cups (500ml) of water (do this within about 15 minutes).
6. Do not empty your bladder after drinking the water. Your bladder needs to be comfortably full, but not painful for your CT simulation.

Give yourself the Fleet Enema:

- 2 hours before leaving home to come for your CT simulation.

OR

- You can choose to give yourself the enema the night before your appointment.

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Call 911 or go to the Emergency Department at the hospital closest to you for a medical emergency. Talk to a member of your healthcare team if you have questions or do not understand any of the information in this handout.

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