

After your Gold Seed Procedure with General Anesthetic

This handout offers information on what to do after your gold seed procedure with a general anesthetic (a medication to put you to sleep).

What happens after your procedure

This procedure may make you feel uncomfortable. You may have some swelling of your perineum (area between the anus and rectum).

What you can do after your procedure

- Take acetaminophen (also called Tylenol) for mild pain or discomfort. Take all your prescribed medications.
- Wrap an ice pack or bag of frozen peas in a towel. Put it on your perineum area for 20 minutes at a time. You can repeat this 4 to 6 times a day while you are awake.
- You can still have sexual intercourse (sex).

What you cannot do after your procedure

- Do not drive for 24 hours.
- Do not make any legal or financial decisions for 48 hours.
- Do not drink alcohol, take cannabis or any other 'substance' not prescribed to you for 48 hours.

Call 911 if you have shortness of breath or chest pain.

Go to the Emergency Department at the hospital closest to you if you:

- Faint after your procedure.
- Have redness, swelling or pain in your thigh or calf.
- Vomit for more than 6 hours.
- Are not able to urinate.
- Have a lot of bleeding or any other symptom that is severe.
- Have a fever above 38.3° C/100.9°F at any time or above 38.0° C/100.4°F for more than an hour.

Next steps in your care and treatment

You will be given an appointment for your CT simulation. Your radiation oncologist may also order an MRI for you. These tests will be used to plan your external beam radiation treatments.

You need to have an empty rectum and full bladder for your CT simulation and MRI appointments.

Call the radiation therapy receptionist at 905-576-8711 extension 33856 if you have any questions about the dates for your appointments.

☐ **If you are scheduled for an MRI and a CT simulation appointment.**

Date	Time	What you need to do
The day of your CT simulation and MRI appointments Date: _____ Your MRI appointment is located in the MRI Department of Lakeridge Health – see attached map. Your CT simulation appointment is on the B1 level of the cancer centre. Check in at a check-in computer.	Time: _____	Give yourself the Fleet Enema: • <u>2 hours before leaving home</u> to come for your CT simulation/MRI appointment. OR • You can choose to give yourself the enema <u>the night before</u> your appointment.
	Time: _____ Time: _____	1. Empty your bladder about 1 hour before the scheduled time of your MRI appointment. 2. Drink 2 cups (500 ml) of water in 15 minutes. 3. Do not empty your bladder after drinking the water. Your bladder should be comfortably full, but not painful. 4. Empty your bladder after your MRI appointment. 5. Begin drinking water until you have drunk 2 cups (500ml) of water (do this within about 15 minutes). 6. Do not empty your bladder after drinking the water. Your bladder needs to be comfortably full, but not painful for your CT simulation.

☐ **If you are scheduled for a CT simulation appointment only.**

Date	Time	What you need to do
The day of your CT simulation Date: _____ Your CT simulation appointment is on the B1 level of the cancer centre. Check in at a check-in computer.	Time: _____	Give yourself the Fleet Enema: • <u>2 hours before leaving home</u> to come for your CT simulation. OR • You can choose to give yourself the enema <u>the night before</u> your appointment.
	Time: _____	1. Empty your bladder about 1 hour before the scheduled time of your CT simulation appointment. 2. Drink 2 cups (500 ml) of water in 15 minutes. 3. Do not empty your bladder after drinking the water. Your bladder needs to be comfortably full, but not painful for your CT simulation.

If you have a problem or concern about a symptom or side effect from your cancer treatment:

1. Call your primary nurse at the cancer centre from Monday to Friday, 8:30 am to 4 pm (except on holidays). Use the phone number your primary nurse gave you.
2. Contact CareChart Digital Health from Monday to Friday, 4 pm to 8:30 am and anytime on weekends and holidays for symptom management support.

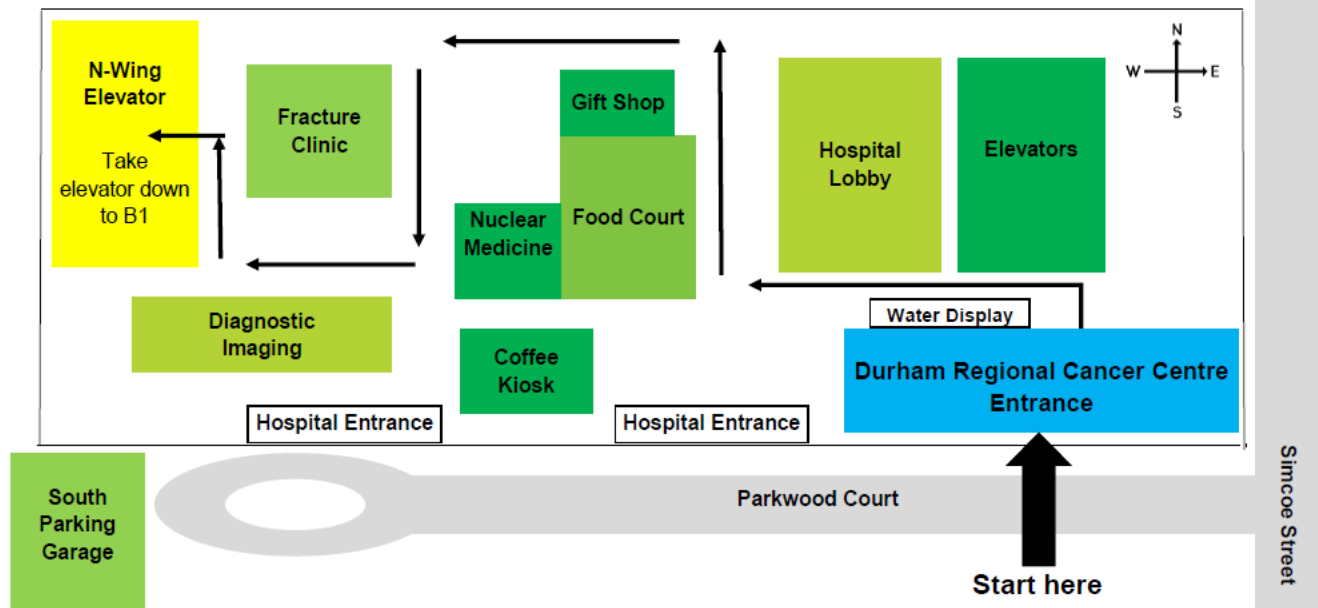
Talk to a nurse using one of these options:

- Call the after-hours telephone line at 1-877-681-3057.
- Request a video call by going to carechart.ca.
- Use the CareChart Digital Health App. This App is available to download for iOS or Android devices.

Call 911 or go to the Emergency Department at the hospital closest to you for a medical emergency. Talk to a member of your healthcare team if you have questions or do not understand any of the information in this handout.

Last reviewed: June 2026

Directions to the MRI Department from the Durham Regional Cancer Centre



Directions

1. Park in the south parking garage on Parkwood Court.
2. Go into the Durham Regional Cancer Centre (DRCC).
3. Turn left at the water display.
4. Turn right into the main hospital lobby.
5. Walk past the food court and gift shop.
6. Turn left after the gift shop. You will start to see signs for "MRI Registration."
7. Turn left. You will pass the Fracture Clinic.
8. Turn right after the Fracture Clinic.
9. Turn right. You will see the elevators. Take the elevators down one floor to B1.
10. You will see the MRI Department on the left.

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