# COMMUNITY FOOD CALENDAR

Social Services

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|---|
| **FOOD BANKS IN THE CITY OF PETERBOROUGH** | | | | | | |
| **Good Neighbours Care Centre**<br>10 am - 2 pm | **Salvation Army**<br>10:30 am - 11:45 am<br>1 pm - 3:30 pm | **Sacred Heart**<br>8 am - 10:45 am<br>**St. Vincent's**<br>9 am - 11:30 am<br>**Good Neighbours Care Centre**<br>10 am - 2 pm<br>**All Saints'**<br>9am - 11am | **Salvation Army**<br>10:30 am - 11:45 am<br>1 pm - 3:30 pm | **Good Neighbours Care Centre**<br>10 am - 2 pm<br>**St. Luke's**<br>10:30 am - 1 pm<br>Closed Dec. 25,<br>open Dec. 30<br>Closed First Friday of each month starting in 2027 | **St. Vincent's**<br>9 am - 11:30 am | |
| **FREE MEALS IN PETERBOROUGH** | | | | | | |
| **Take Away Breakfast**<br>**Salvation Army**<br>9 am - 10 am<br>**Daily Lunch**<br>**Trinity Community Centre**<br>2 pm | **Take Away Breakfast**<br>**Salvation Army**<br>9 am - 10 am<br>**Daily Lunch**<br>**Trinity Community Centre**<br>2 pm | **Take Away Breakfast**<br>**Salvation Army**<br>9 am - 10 am<br>**Daily Lunch**<br>**Trinity Community Centre**<br>2 pm | **Take Away Breakfast**<br>**Salvation Army**<br>9 am - 10 am<br>**Daily Lunch**<br>**Trinity Community Centre**<br>2 pm | **Take Away Breakfast**<br>**Salvation Army**<br>9 am - 10 am<br>**Daily Lunch**<br>**Trinity Community Centre**<br>2 pm<br>**All Saints' Free Meal**<br>**3rd Friday each month**<br>5pm - 6:30pm | **Breakfast**<br>**Murray St. Baptist Church**<br>9 am 3rd Saturday Monthly<br>**Daily Lunch**<br>**Trinity Community Centre**<br>2 pm<br>**Community Meal**<br>**St Luke's Church**<br>2nd Saturday each month<br>5 pm - 6:30 pm<br>No meal July and Aug. | **Daily Lunch**<br>**Trinity Community Centre**<br>2 pm<br>**Living Waters Community Meal**<br>**Murray St. Baptist Church**<br>4 pm - 6pm |

## SPECIAL MEALS & INFORMATION

**Community Care:** Provides Meals on Wheels for seniors. Call 705-742-7067

**Murray St. Baptist Church Breakfast:** 3rd Saturday of each month. Call 705-745-4376

**Salvation Army Breakfast:** Take away breakfast - 219 Simcoe St. Parking Lot

**All Saints' Free Meal:** 3rd Friday each month - Call 705-876-1501

**St. Luke's Church Meal:** 2nd Saturday each month. Call 705-742-6202

**Find Food Support Online:**

Visit **Social Services Food Support** www.peterborough.ca/foodcalendar

## BUILDING LOCATIONS

**Murray St. Baptist Church:** 175 Murray St.
**Good Neighbors Care Centre:** 164 Sherbrook St.
**Trinity Community Centre:** 360 Reid St.
**Sacred Heart:** 208 Romaine St at Alymer St.
**Salvation Army:** 219 Simcoe St.
**St. Vincent De Paul:** 256 Murray St.
**St. Luke's Church:** 566 Armour Rd.
**All Saints' Church:** 235 Rubidge St. Parish Hall

**Email suggested edits to** ckawalec@peterborough.ca

**Last Revision Date:** August 11, 2026

## County of Peterborough Food Banks

**Asphodel-Norwood Food Bank Association**
Location: Norwood Town Hall, 2357 County Road 45, Norwood
When: 2nd and 4th Wednesday each month from 5 p.m. - 6 p.m.
2nd and 4th Thursday each month from 11 a.m. – 2:30p.m.
Contact: 705-639-1777 or 705-559-2973

**Bridgenorth Food Bank**
Location: Bridgenorth United Church, 832 Charles St., Bridgenorth
When: Every Tuesday from 1:00 - 3:00 p.m.
(Visits limited to once per month, for Selwyn residents only).
Contact: 705-292-9601

**Havelock-Belmont-Methuen Food Bank**
Location: 10 Oak St. (behind Remax), Havelock
When: 12:00-2:00 p.m. on Jan 14, Feb 11, Mar 11, Apr 15, May 13, Jun 17, Jul 15, Aug 12, Sept 16, Oct 14, Nov 11, Dec 16.
Contact: 705-778-2356

**Lakefield Food Bank**
Location: St. John the Baptist Anglican Church, 81 Queen St., Lakefield
When: Every Tuesday from 9:00 - 10:30 a.m.
Contact: 705-652-8302

**Millbrook Food Share:**
Location: Old Millbrook School, 1 Dufferin St., Millbrook
When: 2nd, 3rd, and 4th Tuesday of each month from 3:00 - 5:00 p.m.
Contact: 705-932-7066 or email: gibsond@nexicom.net

**North Kawartha Food Bank**
Location: 135 Burleigh St., Apsley (north end of Royal Bank ATM building)
When: Every Tuesday and Friday from 10:00 a.m. - 12:00 p.m.
Contact: 705-656-1748

**Otonabee-South Monaghan Food Cupboard**
Location: Keene United Church, 30 North St., Keene
When: 2nd Thursday of each month from 12:00 - 2:00 p.m. & 4:00 - 6:00 p.m.
Contact: 249-357-7971 or email osmfoodcupboard@gmail.com

**Trent Lakes Rural Outreach Centre**
Location: 259 Lakehurst Circle Rd. Please call 705-768-3590 to arrange access. When: 12 -1 p.m. on Jan. 26, Feb. 23, Mar. 30, Apr. 27, May 25, Jun 29, Jul 27, Aug 31, Sep 28, Oct. 26, Nov. 30, Dec 14.

## Other Food Programs in Peterborough

**Babies First:**
Pregnant women can access the food cupboard, food vouchers, Community Health Nurse and Registered Dietitian.
Location: Peterborough Child & Family Centres, 201 Antrim St.
When: Fridays Sept.- June from 10 a.m. – 1 p.m.
Contact: PCFC to Register 705-748-9144

**Come Cook with Us - Lakelands Public Health**
Join a free virtual cooking class.
Contact: 705-761-9726 or email ccwu@lakelandsph.ca

**Food for Kids:**
School program offering healthy, free food for students on weekdays. Contact your child's school.

**Gleaning:**
Catch a bus to pick free fruits and vegetables at local farms.
Contact: 705-749-9977

**Havelock Centre – Second Harvest**
Location: 30 George St E, Havelock
When: 2nd & 4th Friday at 10am
Contact: havelockcentre@outlook.com

**Murray Street Baptist Church:** 175 Murray Street Free fruit, vegetables, and eggs (while they last)
When: Last Monday of every month at 4:30p.m.
Contact: 705-745-4376

**Peterborough Pet Food Bank:** Open 8am-8pm daily at 663 Brown St. Peterborough. By appointment only - call (705) 977-2530

**Community Care:** provides Meals on Wheels (hot and frozen) throughout the City and County of Peterborough.
Call 705-742-7067