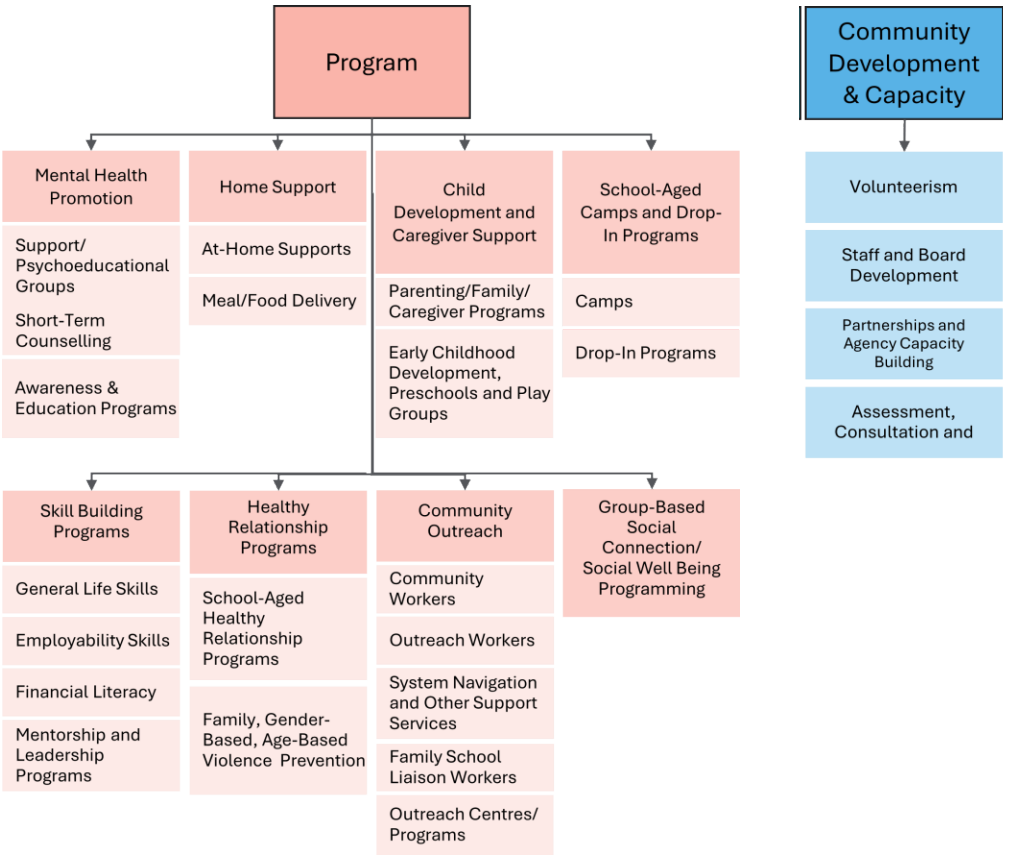
Application Guide

Activity Categories & Descriptions Overview

Please note each Municipality may vary in their focus, design and delivery of the provincial priorities which may effect funding outcomes.



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Below is a chart of the programs in more detail

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Type	**Preventive Focus**	**Sub Type**	**Description/Examples**
Mental Health Promotion	Programs that promote mental health, educate and raise awareness about mental health and addiction topics, and build coping skills among individuals and families. Note: Mental Health Support from a Family Liaison is included in Community Outreach.	Support/Psychoeducational Groups	Facilitated support groups designed to strengthen individuals' capacity to navigate life's challenges and their unique lived experiences. Examples: • Grief/loss groups • 2SLGBTQQIA+ groups • Caregiver support groups • Psycho educational groups (group-based art therapy, equine therapy, music therapy)
		Counselling Services	Short-term supportive counseling, typically 6-8 sessions for individuals, couples, and families, with a general focus on building resilience and developing strategies to manage challenges, including family conflict mediation. Modalities may include: • Individual or family art, music, or equine therapy • Anger management • Marriage counselling
		Awareness & Education Programs	Workshops and seminars aimed to educate individuals, families, and the community on various mental health topics, targeting either the general public or specific groups. Examples of topics may include: • Addiction issues • Suicide prevention • Drug and alcohol use • Anxiety management

Type	Preventive Focus	Sub Type	Description/Examples
Home Support	Programs designed to assist individuals in remaining in their homes, thereby preventing social isolation and reducing the necessity for higher levels of care. These programs offer preventive, non-medical home support and companionship to community members in their residences, including seniors and individuals with disabilities.	At Home Supports	Programs that help individuals live independently and remain in their homes longer. Examples: • Light housekeeping • Minor home maintenance • Snow removal • Lawn maintenance • In-home or telephone companionship • Emergency/medical alert systems
		Meal/Food Delivery	Meal and food delivery programs designed to assist individuals who may need support in accessing food and essential meals. Examples: • Volunteer and coordination support for meal delivery programs • Delivery of food from food banks
Child Development & Caregiver Support	Programming designed to support the wellbeing and capacity of families through programs/activities for children, youth, and their caregivers or parents.	Parenting/ Family/ Caregiver Programs	Programs that offer parents education, resources, and support to foster positive parenting practices. Activities may be designed for parents and caregivers alone or for parents and caregivers alongside their children and youth. Examples: • Healthy routines and parenting resilience program • Child development education sessions
		Early Childhood Development, Preschools and Play Groups	Programs designed to enhance the social and emotional development of preschool-aged children. Activities may involve children exclusively or include parents and caregivers alongside children. The primary emphasis of the program is on fostering the child's social development. Examples : • Drop-in children's groups • Registered children's group
School-aged Camps and Drop-in Programs	Programs intended to help children and youth develop confidence, build social or life skills, develop relationships, or social responsibility.	Camps	Camps are programs that are typically offered during specific times of the year, such as summer, spring break, and fall. The primary objective of camps is to foster confidence, social skills, life skills, and social responsibility. They usually operate for a full day or span multiple days. Examples: • Youth summer camps • Spring break camps • Cultural camps
		Drop-In Programs	Drop-In Programs offer opportunities for school-aged participants to build relationships and skills or develop confidence, typically in a group setting, without having to register ahead of time. Examples • Before/after school drop in programs • Youth drop-in programs

Type	Preventive Focus	Sub Type	Description/Examples
Skill Building Programs	Programs that help participants build life skills to develop their independence and resilience, adopt healthy lifestyles, and build protective factors.	General Life Skills	Programs that assist participants in developing essential life skills. Examples: • Babysitting programs • Home Alone programs • Digital and technology use/safety programs • Workshops offering general information, self- improvement opportunities, and skill-building initiatives that support independence and resilience
		Employability Skills	Programs that assist participants in gaining employability skills: Examples: • Entrepreneurship education • Confidence and self-advocacy programs • Soft skills development programs
		Financial Literacy	Programs designed to assist participants in developing financial literacy skills and competencies. Examples: • Financial employment programs • Budgeting skills programs • Fraud prevention programs
		Mentorship and Leadership Programs	Programs that provide participants with opportunities to develop leadership skills and access mentorship. Examples: • Youth councils • Intergenerational programs • Youth leadership conferences
Healthy Relationship Programs	Programs that educate, raise awareness, build social skills and protective factors to prevent violence and encourage constructive interpersonal relationships in the community *Note: marriage counselling and anger management is under Mental Health Promotion*	Family, Gender-Based or Age-Based Violence Prevention	Programs to prevent gender-based violence, elder abuse, family violence, and other relationships violence. Examples: • Seniors' Healthy relationship programs • Boundaries Programs
		School-Aged Healthy Relationship Programs	Programs aimed at promoting healthy relationships and mitigating negative interactions among school-aged children. Example: • Anti-bullying programs

Type	Preventive Focus	Sub Type	Description/Examples
Community Outreach Programming	Proactive support and assistance offered to individuals or families. This may involve aiding individuals or families in developing their social networks, enhancing their resilience, accessing and navigating available support and resources, or building social and life skills.	Community Workers	Provide a variety of preventative support services, particularly in small communities. They serve a broad audience rather than a specific population and may deliver programs and services at multiple locations throughout the community. Examples of the supports provided may include: • Social well-being assistance • Home support programs • Resource navigation services • Community program support
		Outreach Workers	Engage with specific groups or at-risk populations. These programs often involve multiple interactions with the same individual and may foster an ongoing supportive relationship with clients. Examples of titles for this type of program may include: • Outreach Worker • Community Support Worker • Community Resource Navigator • Senior Coordinator • Case Manager • Liaison Worker • Cultural Navigator
		System Navigation and Other Support Services	Assist individuals in accessing various services or supports. These engagements usually involve either one-time interactions or a brief series of contacts. Examples of such assistance include: • Navigation support for accessing benefits and services • Assistance with completing forms • Volunteer income tax programs • Support for individuals who may require more in-depth assistance than what a standard "referral" offers, but are not supported by an "outreach worker"
		Family School Liaison Workers	Facilitate the relationship between the home, school environment and community organizations supporting student achievement and capacity building. Example: • Family School Wellness Program
		Outreach Centres And Programs	Initiatives that operate from designated locations, providing support to at-risk individuals to enhance their stability and capacity.
Group Based Social Connection/ Social Well Being Programming	Build relationships and support networks, foster a sense of belonging, and prevent social isolation.	**N/A**	These initiatives are typically group-based programs that foster social connections and promote overall wellbeing. Examples: • Social connection programs • Newcomers' programs • Peer groups • Community garden programs • Community kitchen programs • Movement classes for social connection • Elder gatherings

Community Development and Capacity Building: includes activities that promote, encourage and facilitate the development of stronger communities through the strengthening of FCSS programs. These acitivities involve volunteers and/or staff.

Type	Description
Volunteerism	Actions and initiatives that enhance the capacity for volunteerism and acknowledge the contributions of volunteers to local FCSS programs. Examples: • Volunteer training • Volunteer recognition • Volunteer development
Staff and Board Development	Activities and actions that build the skills and capacities of FCSS staff members and boards. Examples: • Leadership programs • Training • Conferences
Partnerships and Agency Capacity Building	Any inter-agency work aimed at fostering the development of stronger communities. This encompasses initiatives such as capacity building in other organizations, partnership development, and providing funding for capacity building efforts. This also includes participation on boards and committees. Examples: • Interagency tables or networks
Assessment, Consultation and Evaluation	These efforts aim to gain a deeper understanding of community and organizational needs and to plan appropriate interventions and evaluate progress. Include internal FCSS activities as well as FCSS- related community consultations. Examples: • Community consultations • Strategic planning • Social planning • Community needs assessments • Program evaluations