



Annual Report 2025



Mission Statement

Our Mission

The OSCC55+ is a not-for-profit organization that works collaboratively with community partners, to provide a wide range of inclusive leisure programs and services that support the wellbeing of adults 55+ in the community.

Our Vision

Living Well at 55+!

Our Values

Active Living, Caring, Collaboration, Empowering, Inclusive, Personal Growth, Respect

Board of Directors

Chair	Sylvia Rhodes
Vice Chair	Doug Sanders Erica Dove

City Appointed	Councillor John Gray
-----------------------	----------------------

Directors	Daniel Sutherland Deborah Badmus John Neal Marian Van Pelt Paul McNeil Penny Rudolfo Robert Camozzi Mark Ashcroft
------------------	--



Land Acknowledgement

The five branches of the Oshawa Seniors Community Centres are situated on lands and waters within the Williams Treaties Territory, home to seven First Nation communities of the Michi Saagiig and Chippewa Anishinaabeg, who have cared for and maintained these lands from time immemorial and continue to do so to present day.

Message from the Executive Director

As I reflect on 2025 and my first full year with OSCC55+, I am reminded - and proud of - our renewed growth, meaningful change, and continued commitment to our vision of Living Well at 55+.

At OSCC55+, we believe that living well means having opportunities to stay active, connected, engaged, and supported at every stage of life. Guided by our values of Active Living, Caring, Collaboration, Empowering, Inclusive, Respect, and Personal Growth, we continue to evolve with the needs and interests of older adults in our community, which is central to everything we do.



This year, that commitment was reflected in growing participation and attendance, innovative programming, new fundraising initiatives, and the successful implementation of grants that helped strengthen our programs, services, and spaces. While growth is important, we remain equally focused on quality, ensuring that every interaction, program, and service reflects the welcoming, inclusive, and caring environment that our members value and expect.

None of this would be possible without the people who bring OSCC55+ to life. We are incredibly grateful for the time, innovation, and dedication of our long-serving staff and volunteers. Our talented Board of Directors, under the dedicated leadership of our Chair, Sylvia Rhodes, and Vice-Chair, Erica Dove, worked tirelessly to guide the development and approval of new governance bylaws, which are compliant with Ontario's Not-for-Profit Corporations Act (ONCA) - an important accomplishment that reflects our organization's commitment to strong leadership, accountability, and a foundation of which we can all be proud.

The commitment, knowledge, and passion of our staff and volunteers are at the heart of our organization and make it possible for us to continue creating meaningful opportunities for older adults to thrive. Speaking of staff, in December we said farewell to Teresa Shearer, our Manager of Community Support Services, as she began a well-deserved retirement. We are incredibly grateful for Teresa's many contributions to OSCC55+, and we wish her and her family continued happiness, health, and many wonderful adventures in this exciting new chapter.



We are also deeply grateful to our funders and community partners whose support makes our work possible. Thank you to the City of Oshawa, Ontario Health East, Seniors Active Living Centres, Ontario Trillium Foundation, and the Government of Canada through the Canada Summer Jobs Program for your continued investment, partnership, and confidence in our organization, as well as the many donors, sponsors, and business partners who continue to invest in OSCC55+ and the older adults we serve. Your partnership allows us to strengthen our programs, expand opportunities, and ensure that our Centres remain vibrant places of connection and belonging.

As we look ahead, as an organization, OSCC55+ remains committed to building on this momentum while staying grounded in what matters most: our members, our community, and our shared vision of Living Well at 55+.

With deep appreciation,

Kim Lepine

Kim Lepine, **Executive Director**



2025 Organizational Highlights

Membership Highlights

OSCC55+ continued to experience strong membership growth and engagement throughout 2025, maintaining an average membership base of more than 5,000 members and reaching 5,188 members by year-end. New resident and non-resident membership categories were introduced in January to align with municipal funding contributions, with annual membership fees set at \$25 for Oshawa residents and \$30 for members residing outside the city.

Member retention remained a key focus, with automated renewal reminders introduced through the membership system to support timely renewals. Administration staff also conducted personalized outreach calls to members who had not renewed, encouraging them to reconnect with OSCC55+ and continue accessing the programs, services, and community connections available to older adults.

Evening and Weekend Schedules

In January 2025, a new rotating evening schedule was introduced in response to programming trends and branch attendance patterns. Each branch now offers at least one evening of programming per week, allowing resources to be focused on the evening programs that are most popular and well attended. The change also provides more consistent evening opportunities across all branch locations, improving access for members who are still working or prefer to participate outside of daytime hours.

A Mentor Organization

In 2025, OSCC55+ expanded its community impact by becoming an Organizational Mentor with the Ontario Trillium Foundation's Youth Opportunities Fund. Through this role, OSCC55+ became poised to provide guidance, administrative support, and mentorship to a grassroots not-for-profit organization in receipt of an Ontario Trillium Fund grant. The new role reflected OSCC55+'s commitment to sharing expertise, building capacity, and supporting the growth of emerging grassroots organizations within the not-for-profit sector.

Lights, Camera, Action!

In April 2025, the John Street Branch briefly became part of a television set as *The Testaments*, the highly anticipated sequel to *The Handmaid's Tale*, filmed

scenes in Memorial Park. The building's exterior was temporarily transformed into a hospital for the production, giving OSCC55+ a unique opportunity to be featured in a major television series while continuing to provide uninterrupted access to members and essential services.



A New Spin on Corporate Fundraising

2025 marked a new chapter in corporate fundraising as the Gord Reid Memorial Golf Tournament was officially retired, with the blessing of Gord's family, in favour of an exciting new signature event. Planning for Pickleball4All began in January with the support of a committee of corporate partners who shared the vision of creating an inclusive, accessible fundraiser that capitalized on the growing popularity of pickleball and OSCC55+'s already thriving pickleball community. The name Pickleball4All reflected the spirit of the event, while a partnership with Ontario Tech University's Age-Friendly Committee helped lay the foundation for what became the first fundraiser of its kind in the local community.



The event also marked a milestone in the Centre's use of digital technology. For the first time, registration was managed through a customized online form built directly into the OSCC55+ website. The new system allowed participants to register and pay online while collecting event-specific information such as preferred playing session, team requests, skill level, and meal selections. The streamlined process not only enhanced the participant experience but also provided organizers with the information needed to efficiently build the tournament, demonstrating how technology can support both customer service and event operations.

2025 Organizational Highlights

Pickleball4All

The inaugural event welcomed 183 players across three sessions and featured friendly competition alongside midway games, 'Big Dill' and putting contest, and opportunities to connect with fellow participants. \$25,745 was raised in support of OSCC55+ programs and services. Equally important was the strong involvement of members, who participated as players, coaches, volunteers, and committee members, helping to shape the event from planning through execution. The success of the inaugural tournament firmly established Pickleball4All as OSCC55+'s new signature corporate fundraising event and laid a strong foundation for its return in 2026.

Dear OSCC55+ Team,

Thank you so much for the incredible inaugural OSCC55+ Pickleball 4 All Tournament on June 18th! What an amazing event from start to finish!

The committee did an outstanding job—everything was flawlessly organized and executed. From a participant's point of view, it was smooth sailing all the way through. The registration process was a breeze, the timeline was impressively maintained, and the energy at each court—thanks to the excellent coaches—was just fantastic.

The atmosphere was lively and welcoming, and the variety of booths and games added a fun and engaging touch. It was also great to see and speak with so many event and corporate sponsors. Their presence truly added to the community spirit of the day.

And the meal at the end of the day—delicious! It was the perfect way to wrap up a memorable event.

We know events like this don't just "happen." They take months of behind-the-scenes planning, countless meetings, emails, and a tremendous amount of coordination. Your entire team truly pulled it off with professionalism and heart. You should all be incredibly proud.

My hat goes off to each and every one of you—thank you for such a special and well-executed day!

Warm regards,
Jay Grove



June Highlights – Seniors' Month, Pride Month, Indigenous Recognition, & more

In June, the Centres recognized Seniors' Month alongside Parks & Recreation Month, National Indigenous History Month, National Indigenous Peoples Day, and Pride Month. Throughout the month, members and the community came together for a variety of events and activities that celebrated diversity, inclusion, volunteerism, and the many ways older adults contribute to our community.

The month began with the Pride Month Flag Raising at the John Street Branch and continued with OSCC55+ Volunteer Day, where volunteers were recognized and celebrated for their ongoing contributions. The Centres also marked World Elder Abuse Awareness Day with a flag raising at City Hall, highlighting the importance of building safe and supportive communities for older adults.

In the spirit of inclusion and allyship, OSCC55+ Adult Day Program staff spearheaded the very first Pride Drag Show, held at the Conant Branch on June 25th. Sponsored by E is for Estates and Silverbirch Wealth Management, the event created a new opportunity to celebrate diversity, inclusion, and belonging within the 55+ community.

Seniors' Month celebrations continued in June through a variety of social and recreational events, including the Summer Soiree, Recreation BBQ, Member Appreciation Day with ice cream treats, and the inaugural Pickleball4All fundraising event at Ontario Tech University. The month concluded with recognition of National Indigenous Peoples Day through a flag raising and celebration of Indigenous culture, history, and contributions.

2025 Organizational Highlights

City of Oshawa Accessibility Improvement Award

On June 6, OSCC55+ joined Oshawa City Council and the Oshawa Accessibility Advisory Committee (O.A.A.C.) as they honoured businesses and residents who have improved access for individuals with disabilities throughout the city. OSCC55+ received an Accessibility Improvement Award recognizing the new safety steps added to our fleet of transportation vehicles, increasing accessibility for our members.



International Day of Older Persons

On October 1st, International Day of Older Persons was recognized with long-time partner Unifor 222 Retirees Chapter via flag raising and proclamation at Oshawa City Hall, followed by a reception at the John Street Branch. The theme, Aging with Dignity brought members, community partners, and older adults together to recognize the contributions of older persons and highlight the importance of creating supportive, inclusive communities where people can age with dignity.



Security Enhancements made at the John Street Branch

Following a break-in at the John Street Branch in October 2025, OSCC55+ implemented additional safety and security measures to help protect members,

participants, and staff. Enhancements included the installation of 16 additional motion sensors, regular exterior security patrols with increased coverage during evening hours, added deadbolt locks in more secluded programming areas, staff offices, and washrooms, and updated opening and closing procedures. Staff also received additional security training, implemented a buddy system during closing procedures, and were equipped with walkie talkies to support communication and response. These measures reflect OSCC55+'s ongoing commitment to creating a safe, welcoming environment for everyone who accesses our spaces.

Pay Your Life Forward Subsidy Fund – Building Belonging

In late 2025, OSCC55+ took a new approach to its annual giving campaign by updating its Case for Support to reflect the realities many older adults are facing during challenging economic times. Recognizing that financial pressures can create barriers to participation and connection, the Pay Your Life Forward Subsidy Fund was launched in December to help ensure that cost is not a barrier to belonging.

The fund provides financial assistance to support access to OSCC55+ programs and services, including memberships, program fees, transportation, and essential supports for seniors in need. Rooted in the belief that every older adult deserves the opportunity to remain active, connected, and engaged in their community, the campaign raised more than \$3000 during the holiday season and funds were reinvested directly back into the lives of seniors through subsidies that helped make meaningful programs and services more accessible.



2025 Organizational Highlights

From Whoville to New Year's Cheers – ending the year with celebration



By the end of year, OSCC55+ continued to strengthen its community presence by participating in local events and creating opportunities to connect with residents beyond the Centres' walls. A highlight was the City of Oshawa's Bright and Merry Market, where the John Street Branch was transformed into 'Whoville' - a festive holiday open house, welcoming more than 300 visitors throughout the evening. And, as is tradition, 200 seniors came together at the Northview Branch on December 31st for the annual 'Ring in the New Year' fundraising event with new partner and sponsor, CUPE478 bringing in over \$4,000 to support the Centres' operations.



Reconcili-action Moments

In 2025, OSCC55+ took deliberate steps to recognize Indigenous truth, culture, and the importance of reconciliation by moving beyond acknowledgement and putting our words into action. As part of our ongoing commitment to reconciliation, we incorporated the land acknowledgement into our Activity Guides beginning in January, ensuring it was shared with members throughout the year. During our website redevelopment, the land acknowledgement was also given a prominent place on the OSCC55+ homepage, reinforcing its importance as part of our organizational identity.

Land acknowledgements also shared at major OSCC55+ events as a meaningful way to recognize the history and ongoing contributions of Indigenous Peoples. We recognize that reconciliation requires more than words: It requires action, reflection, and continued commitment. In 2025, we continued to take meaningful steps toward embedding reconciliation into our practices, programs, and services.



Grants & Fund Development

Special One-time Funds

The Centres received special one-time funding from both Ontario Health East and Seniors' Active Living Centres (SALC) in 2025.

One-time grant funding of \$28,654 from Ontario Health East enhanced meal services through steam table replacements and foot care clinics through the purchase of new client and nurse furniture, creating a more comfortable and accessible environment. The funding also supported the installation of HEPA air filtration units within clinic spaces, helping to maintain high indoor air quality and promote a safe, healthy space for both clients and staff.



More than \$22,000 in special one-time funding through the Seniors Active Living Centre (SALC) Program, with \$4,420 allocated to each of the five branches. This funding supported enhancements that strengthen the delivery of programs and services for older adults, including investments in equipment, supplies, accessibility improvements, and resources that promote active living, social connection, and community engagement.

Grant Completion – New Horizons for Seniors Program

In 2025, OSCC55+ completed a Volunteer Engagement Project supported by a \$25,000 New Horizons for Seniors Program grant. The project strengthened the volunteer experience through the development of a

Volunteer Training Calendar featuring 13 learning opportunities, with more than 258 volunteers participating in sessions focused on topics such as Indigenous Awareness, Conflict Management, Fraud Prevention, and Mental Health Support. The project also supported meaningful volunteer engagement through a Kitchen Table Conversation, updates to the Membership Council framework, and enhancements to volunteer policies and procedures to align with best practices.



Capital Grant Improvements – Ontario Trillium Foundation

In August 2025, OSCC55+ announced a \$157,900 Capital Grant from the Ontario Trillium Foundation to support significant accessibility and safety improvements at the John Street Branch. The 12-month renovation project included upgrades to lighting, ramps, washrooms, entryways, and flooring, plus replacement of program furniture to help to create a more welcoming, inclusive, and accessible environment for older adults of all abilities. This investment, focused on supporting the Centre's Adult Day Programs, helped to ensure the John Street Branch continued to serve as a safe and welcoming community hub for seniors.

Solara Health Partners - Building a Transformative Partnership to Expand Access to Care

In the fall of 2025, OSCC55+ began conversations with a new community partner, Solara Health Partners, focused on exploring innovative ways to expand access to essential Community Support Services. By year-end, staff had developed a comprehensive partnership

Grants & Fund Development

proposal centered on subsidizing Adult Day Program (ADP) participation and transportation costs, helping reduce barriers for seniors and their families. With a framework set by year-end, this potential partnership represented an exciting opportunity to extend care beyond the walls of home, providing more opportunities for older adults to remain connected, engaged, and supported in the community while offering caregivers greater peace of mind.



OSCC55+ Business Partner Strategy – Expanding Opportunities for Support

In 2025, OSCC55+ expanded its partnership and advertising opportunities to create new ways for businesses and organizations to connect with our members and community. New opportunities included partner pop-up booths at all branches, advertising on the John Street Branch digital sign, member discount listings on our newly redeveloped website, and direct-to-member eblasts for eligible partners. These additions complemented existing opportunities such as print and web advertising, event sponsorships, and wall board recognition. As a result, OSCC55+ strengthened relationships with the business community, connecting with more than 65 businesses and organizations by year-end.

Internal Fundraising Success

Member-led fundraising initiatives saw continued growth in 2025, highlighted by the introduction of the 'Clothing Carousel' fundraiser. This new initiative encouraged members to donate gently used clothing, which was then resold to those looking to refresh their wardrobes. The event was made possible by the dedicated efforts of our volunteers and received

additional support from local used-clothing retailer Talize. Any unsold items were donated to other local charities. Held in late October at the Delpark Homes Branch, the sale grossed \$3,385 in support of the Centre's fundraising strategy.



In December, the Adult Day Program staff organized their annual Holiday Basket Online Auction, showcasing 32 creatively themed baskets. Each basket was carefully assembled and cleverly named and themed, reflecting the festive spirit of the season. The auction raised \$1,697 in total. Other new fundraising initiatives held in 2025 included doughnuts with Pingles Farm, OSCC55+ merchandise (hoodies, long sleeves and t-shirts), and the 'Big Box of Cards' fundraiser.



Leisure Programs

OSCC55+ Leisure Programs provide opportunities for older adults to stay active, explore new interests and build meaningful connections. In 2025, the focus remained on offering a diverse range of programs that reflect the interests of our members while creating welcoming opportunities for participation, social connection and personal growth. From fitness and recreation to creative and social activities, Leisure Programs help members stay engaged, active and connected within their community.

Continuing Education

Continuing Education continued to be an important part of the OSCC55+ experience in 2025, with strong growth in registrations and attendances despite a slightly smaller overall course offering. More than 10,000 registrations were recorded throughout the year, reflecting the continued demand for opportunities to learn, explore new interests and connect with others.

Fitness, dance and yoga remained particularly popular, accounting for 69% of Continuing Education attendances. The shift back to in-person learning opportunities grew as time continued to elapse from the pandemic. While online programming continues to provide an option for members who prefer to participate virtually, in-person learning remains at the heart of the program, with online programs representing 5% of total business in 2025, down from 7% in 2024.

Innovation and collaboration also continued to shape the program lineup. A new partnership with Durham College's Bistro 67 introduced a unique series of hands-on culinary experiences during the fall session, including Crafty Cocktails, Jams and Preserves, Lattice Pie, Focaccia Art, Flatbread and Charcuterie Design. These partnerships provide new ways for members to learn, connect and experience something different at OSCC55+.

Program Statistics

Courses Offered

2024	2025
5,227	5,098

↓ -2.46%
from 2024 to 2025

Registrations

2024	2025
9,229	10,375

↑ +12.41%
from 2024 to 2025

Attendances

2024	2025
51,737	53,035

↑ +2.53%
from 2024 to 2025

Online Registrations

2024	2025
683	535

↓ -21.67%
from 2024 to 2025



Leisure Programs

Recreation & Special Events

In 2025, the Recreation and Special Events team continued to create opportunities for members to stay active, have fun and connect with others. Strong participation in regular recreation programs contributed to a 4.35% increase in attendances, reflecting the continued popularity of drop-in programs and their support for those who are looking for familiar favourites alongside opportunities to try something new.



The year also brought a renewed focus on special events with a variety of themed activities, social gatherings, tournaments and unique experiences offered throughout the year. New events such as Escape Room, Puzzle Challenge, Messages from Beyond – Medium Readings, Beekeeping Lunch and Learn, and Unstoppable Tracy – Motivational Speaker added variety to the calendar and gave members new ways to engage.

Local excursions were also revitalized in 2025, with bus tours reintroduced throughout the spring, summer and fall. These outings provided members with opportunities to explore destinations beyond the Centres while enjoying the social connection that is such an important part of the OSCC55+ experience.

Five Highest Attended Recreation Programs

Progressive Euchre.....	10,599
Sneakers Mall Walking.....	9,124
Pickleball.....	6,232
Cribbage.....	4,049
Slo pitch.....	4,003

Special Events with the Highest Attendance

<i>Dances</i>	
Ring in the New Year.....	200
October Fabulous Fourth Friday.....	146
Summer Soiree	112

Tournaments

Progressive Euchre.....	104
Bingo Bonanza.....	86



Attendances

Recreation

2024	2025
69,847	72,889

↑ **+4.35%**
from 2024 to 2025

Special Events

2024	2025
5,590	5,456

↓ **-2.39%**
from 2024 to 2025



Community Support Services

Community Support Services (CSS), funded by Ontario Health East, play a vital role in supporting seniors as they age, promoting independence, wellness and quality of life. In 2025, our dedicated staff continued to provide a client-focused, wraparound approach, creating a circle of care that responds to the diverse needs of seniors and helps them remain connected, supported and independent in their communities.

Adult Day Program:

Adult Day Programs (ADP) at Oshawa Senior Community Centres 55+ offer a welcoming and supportive environment for older adults who may need assistance to get involved, along with respite and peace of mind for caregivers. Designed to promote social interaction, engagement, and well-being, the four ADP locations (John Street, Northview, Conant Branches and Specialized at Faith Place Apartment Building) provide a variety of activities, care and nutritious meals in a safe, friendly setting.



Adult Day Program by the numbers:

- 266 individuals served
- 19,476 attendance days, including 16,721 in-person and 2,755 virtual visits
- 73 placement students from 11 schools and nine programs of study, contributing 9,963 hours of learning and support
- 17,520 hours of caregiver respite provided throughout 2025



Other highlights of the year included:

Community partnerships:

Traditions of Durham provided lasagna lunches for ADP clients, while the longstanding partnership with the Oshawa Lawn Bowling Club continued to provide opportunities for connection and recreation at Northview Branch.

Student learning and professional engagement:

ADP staff supported the next generation of care professionals through student placements, and contributed their expertise to the Durham Elder Abuse Network, Durham College Program Advisory Committees for Recreation Therapy, Personal Support Worker, Registered Nursing and Critical Care Nursing, as well as the City of Oshawa's DEIAA and Cultural Leadership Council.

Fundraising:

ADP programs raised \$7,582.25 to support program activities and client experiences.

Inclusion and belonging:

OSCC55+ held its first Pride Month flag-raising, followed by the inaugural Rainbow Day, bringing together participants from Conant, John Street and Specialized ADP to promote LGBTQIA+ awareness, education and inclusion. In addition, an inaugural Drag Show was planned, featuring three drag performers and welcoming more than 60 attendees, made possible through sponsorship from Silver Birch Wealth Management and E is for Estates.



Community Support Services



Wellness and connection:

Sunshine Therapy Dogs began visiting ADP participants, bringing companionship, joy and meaningful opportunities for engagement.

Indigenous learning and reconciliation:

ADP recognized Indigenous Peoples' Month and National Day for Truth and Reconciliation through educational presentations led by an Indigenous community leader.

ADP Impact: Caregiver Experience:

"The program has been a godsend to Mom and me. Without their support, Mom would have declined much faster, and I would have had more challenges advocating for her. I am always championing this program to others looking for support for their loved ones. Please express my gratitude to the ADP staff. Their patience, their gentleness, their ability to give a moment of normalness, and laughter is invaluable. You are truly angels."

Leanne - Caregiver

"We need more angels like you in this world. Not only are you helping our loved ones, you are helping us. We have a few hours to breathe, relax, and have no worries. Thank you."

Diane - Caregiver

Foot Care

Foot Care Services continued to play a vital role in supporting seniors' wellness, mobility, and independence throughout the year. Regular foot care appointments help older adults manage chronic conditions, reduce discomfort, prevent complications, and maintain their ability to remain active in the community. In response to growing client demand and strong program utilization, OSCC55+ increased its clinic offerings by 22 in 2025, bringing the annual total to 270 clinics. This expansion improved access to essential preventative care services across our branches, helping hundreds of older adults address foot health concerns in a safe, affordable, and supportive environment. The continued growth of the program reflects both the increasing need for specialized foot care services and the value members place on maintaining their overall health and quality of life.

Foot Care Appointments

2024	2025
3,659	4,229

↑ **+15%**
from 2024 to 2025

Individuals Served

2024	2025
799	870

↑ **+8.9%**
from 2024 to 2025

Transportation Services

In 2025, OSCC55+ restructured its Transportation team to create a full-time Driver position, increasing service capacity and providing older adults with greater access to transportation bookings and more flexibility within existing routes. This enhancement strengthened the program's ability to respond to growing demand while maintaining a high standard of customer service.



OSCC55+ also continued to strengthen its partnership with the City of Oshawa's Consolidated Operations Depot (COD). Transportation operations were further aligned with the City's safe driving standards, including

Community Support Services

driver testing, shared incident reporting practices, and access to municipal fleet resources such as fuel, vehicle wash, and fluid stations. This collaboration has improved operational efficiency, consistency, and safety across the program.

Transportation services played a key role in connecting older adults to essential services, shopping destinations, and community events beyond OSCC55+ branches. Scheduled shuttle trips provided access to Service Canada and Walmart Supercentre, while also supporting participation in a variety of community initiatives and celebrations, including Canada Day, Indigenous Cultural Day, the Oshawa Peony Festival, Pickleball4All, and the Rose Valley Park Grand Opening Event. These outings helped reduce barriers to participation, foster social connection, and support independent living for older adults in the community.

One-Way Adult Day Program Rides
14,579

Course and Service Rides
937

In April 2025, OSCC55+ welcomed a new food services provider to our program, iLove2cook, led by Chef Jeanne Theriault. Throughout the year, a total of 57,734 meals were served through the Congregate Dining and Meal Service Program, benefiting 6,697 individuals. These figures underscore the program's vital role in supporting the well-being of older adults through access to nutritious meals and enhancing opportunities for meaningful social connection.



Client Support Program

The OSCC55+ Client Support Program continued to provide vital support to older adults by helping them navigate a range of complex needs, including access to community resources, housing information, caregiver relief options, and social/wellness supports. During the reporting period, 239 individuals utilized this free and confidential service, demonstrating its ongoing value as a trusted source of information, guidance, and connection for seniors in the community. \

Exercise and Falls Prevention Classes

Our commitment in supporting the group falls and exercise classes helps seniors within and outside of OSCC55+ branches. 3,302 classes were delivered at 24 sites and operated above our annual target of providing 3,090 reaching 873 individuals throughout Oshawa, Whitby and Courtice.

Wellness Clinics

In partnership with the Canada Revenue Agency, OSCC55+ participated in the Community Volunteer Income Tax Program, helping older adults with modest incomes and simple tax situations access valuable financial benefits and credits. Through 16 tax clinics, dedicated volunteers completed 187 electronic tax returns, providing seniors with personalized support while reducing financial and administrative barriers.

OSCC55+ continued to support Lakeridge Health's COPD Community Exercise Clinics by providing space at the Conant Branch for group education and exercise programming. In 2025, 48 classes were delivered at this location, serving approximately 200 unique participants living with COPD. The program not only helped individuals improve their physical health, disease management, and overall well-being, but also introduced many participants to OSCC55+ services and programs for the first time.

Business partnerships enhanced the range of support services available to older adults at OSCC55+ branch locations. Through these collaborations, Hear Canada provided hearing screening tests to 31 seniors, Durham Medical serviced mobility aids for 116 members, and Qualicare and Nurse Nextdoor delivered blood pressure clinics that supported 104 older adults.

Media, Marketing & Community Outreach

In 2025, OSCC55+ continued to strengthen its brand by expanding community awareness and engaging both existing and future members through innovative marketing and outreach initiatives. Efforts focused on increasing visibility, modernizing the organization's image, expanding the use of digital marketing tools and technology to better connect and introduce new audiences to the many programs, services, and social opportunities available to adults aged 55+.

Digital Growth – Enhancing Access Through Technology

In 2025, OSCC55+ continued to advance its digital presence, using technology to make information more accessible, strengthen communication with members, and connect with new audiences. Digital outreach remained a key focus, with enhancements made across the organization's website, social media channels, email communications, and promotional tools.

A major milestone was the redevelopment and launch of the OSCC55+ website in September. In partnership with the City of Oshawa and Economic Development, the website transitioned from the iCreate platform to the GovStack platform, providing a more modern, flexible, and accessible online experience. The updated website introduced improved page layouts, enhanced video capabilities, translation services, customized forms, stronger search functionality, and more robust accessibility reporting tools. The website continues to serve as a central hub for members and the broader community to access information about programs, services, events, and opportunities.

Throughout the year, digital tools were also increasingly incorporated into marketing and communications efforts. Staff continued to create and share videos to promote programs, introduce instructors, highlight events, and support fundraising initiatives. QR codes

were added to external print advertisements and Activity Guides, making it easier for members and the public to quickly access additional information online. Email communication remained an important connection point with members, with 8,653 subscribers transitioning to the new website platform and continuing to receive updates about Activity Guide releases, Pay As You Go schedules, member discount programs, and other news.



Website Statistics



Visits

2024
75,327

2025
74,760



Page Views

2024
224,445

2025
230,004



+2.5%

from 2024 to 2025



Unique Visitors

2024
49,981

2025
44,904



Returning Visitors

2024
1,077

2025
1,242



+15.3%

from 2024 to 2025



Web statistics may have experienced a gap as the new website launched and old website was shut down.

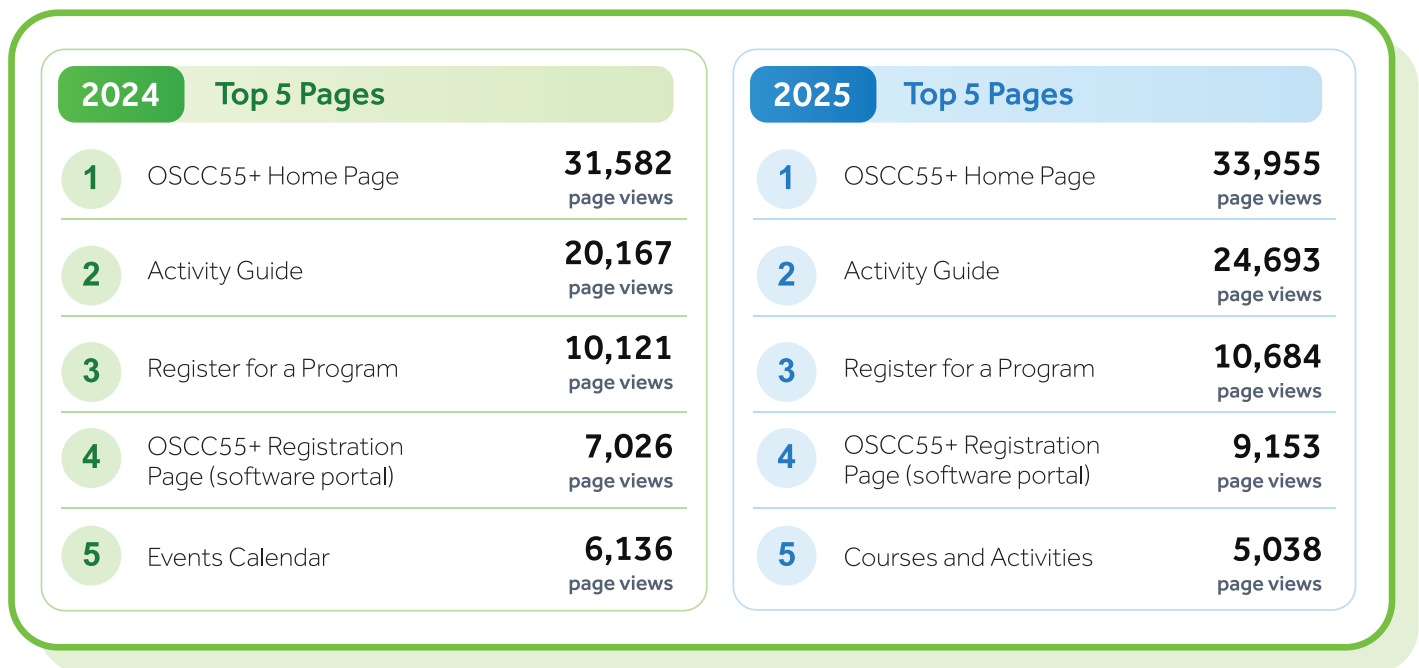


Media, Marketing & Community Outreach

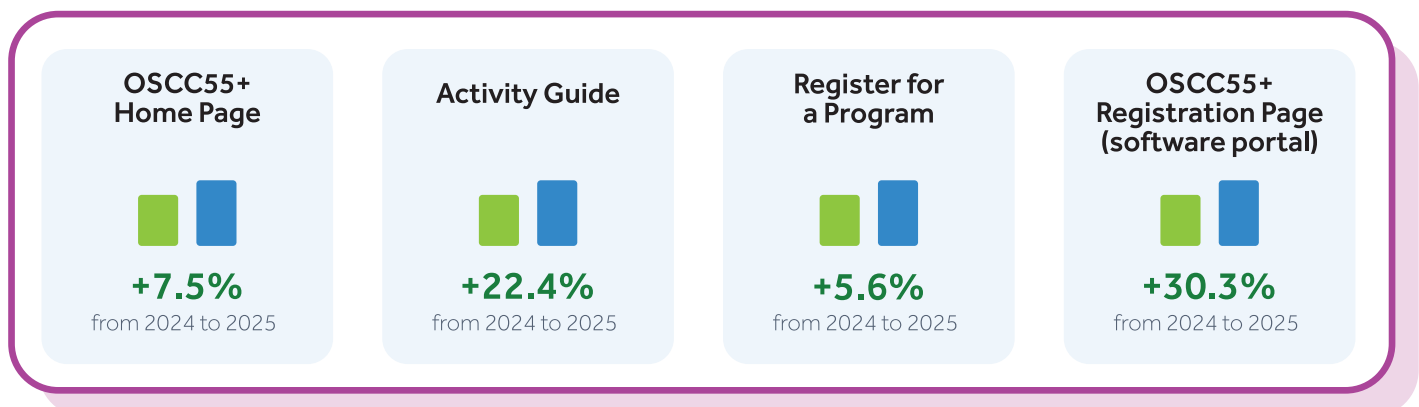
OSCC55+ also continued to grow its digital community through social media. Followers across Facebook, Instagram, and LinkedIn increased by 9.4%, reaching 4,747 followers by the end of 2025. Engagement also increased significantly, with total impressions growing by 44% to 816,050 compared to 566,365 in 2024, demonstrating the continued value of digital channels in reaching and engaging the community.

The OSCC55+ website remained a widely used resource, attracting visitors from across Canada and around the world. The site was accessed by users in 98 countries, with the majority of visitors from Canada, followed by the United States and Ireland. Visitors accessed the site through a variety of devices, including desktop computers (50%), mobile phones (43%), and tablets or other devices (7%), highlighting the importance of maintaining a responsive and accessible online experience.

Website's Most Popular Pages



Year-over-Year Change (Top Pages)



Media, Marketing & Community Outreach

Social Media Audience Growth

Facebook

2852 followers



+9.4%

from 2024 to 2025

Instagram

951 followers



+8.6%

from 2024 to 2025

LinkedIn

453 followers



+23%

from 2024 to 2025

2025 Top Social Media Posts:

Facebook

Spin into September

151 likes
September 2025

Open House Party

85 likes
August 2025

Ontario Tech Research Study

67 likes
January 2025



Instagram

Staff Halloween Branch Teams

36 likes
October 2025

Kars on King Display Promo

32 likes
August 2025

Pride Month & Drag Show Promo

25 likes
June 2025



LinkedIn

World Elder Abuse Awareness Day

23 reactions
June 2025

ADP Stuart Smith Pumpkin Donation

20 reactions
October 2025

Clothing Carousel Thank You

15 reactions
October 2025



Sharing Our Story – Strategic Marketing, Media & Promotion

OSCC55+ continued to expand its reach in 2025 through a comprehensive marketing and communications strategy that combined traditional advertising, digital communications, media relations, and community partnerships. By leveraging multiple platforms and creative campaigns, the organization increased brand awareness of its programs while reaching both existing and prospective members.

Several new membership campaigns were introduced throughout the year. Spin into September encouraged both new and renewing members to engage with the organization through prize incentives, including gift certificates, branded merchandise, and promotional offers. The 55 in 2025 campaign celebrated individuals turning 55 by offering



Media, Marketing & Community Outreach

complimentary first-year memberships welcoming 39 new members and reinforcing OSCC55+'s commitment to making it easy for adults to begin their membership journey.

The annual Open House Party at the Northview Branch once again showcased interactive program demonstrations, information displays from all five branches, and opportunities for visitors to connect with staff and volunteers. With live on-location coverage from CKDO's Terry Johnston, the event welcomed more than 60 new and renewing members while highlighting the wide variety of programs, services, and social connections available through OSCC55+.



Strong relationships with local media continued to generate valuable exposure throughout the year. Community news outlets, including Neighbour Today and Local Buzz, regularly shared OSCC55+ stories and social media content, extending the organization's reach to new audiences. Staff also utilized local Facebook neighbourhood groups and interest-based communities to promote programs and events, helping to build awareness of new initiatives such as the inaugural Pickleball4All fundraiser within local online pickleball groups.



Advertising efforts remained diverse and strategic. Seasonal print advertising and television commercials continued to promote Activity Guide registration and showcase the exceptional instructors who bring OSCC55+ programs to life. New opportunities included securing the back cover of Metroland's Forever Young magazine, distributed in conjunction with the Forever Young Trade Show in Clarington, providing high-profile visibility among older adults across Durham Region.

Additional promotional initiatives included advertising within the GAIN Clinic at Lakeridge Health to connect with caregivers and raise awareness of Adult Day Programs, regular listings on Global Durham's Discover Durham, targeted Facebook advertising campaigns, and ongoing radio commercials supporting key initiatives throughout the year. Video continued to play an important role in OSCC55+'s communications strategy. In addition to staff and instructors promoting programs and services, videos were created to introduce audiences to new events such as Pickleball4All, providing event information including parking and logistics, and recognizing the generosity of sponsors and donors through post-event thank you messages.

A significant new partnership was established with Local Buzz late in the year. The collaboration includes monthly advertising and sponsored content extending into 2026, while also making OSCC55+ Activity Guides available through Local Buzz distribution racks at businesses and community locations in Oshawa, Whitby, and Clarington. This initiative increased accessibility to program information while strengthening the organization's presence throughout the community.

Community Connections – Reaching Older Adults Where They Are

Connecting with the community continued to be an important focus in 2025. By meeting people where they are and where they gather, the team increased the organization's visibility and created opportunities to introduce more older adults, caregivers, and community partners to the programs, services, and supports that OSCC55+ has to offer.



Media, Marketing & Community Outreach

Throughout the year, staff participated in a variety of community events, celebrations, and information sessions, partnering with host organizations such as the City of Oshawa (city-wide events throughout the year) and Durham Community Health Centre for Black Health and Wellness Day in March. Presentations were also delivered to groups such as City of Oshawa employees approaching retirement, and at the request of the Town of Uxbridge, best practices as a provincially designated Seniors' Active Living Centre were shared with the Uxbridge Age-Friendly committee as they began their own exploration of the designation process. These opportunities helped expand awareness of OSCC55+, strengthen community relationships, and highlight the organization's experience and leadership in supporting older adults.



Community Events & Outreach

2025 external events, displays and presentations

- Black Health and Wellness Day
- Indigenous Celebration - City of Oshawa
- Peony Festival - City of Oshawa
- Fiesta Street Festival - Oshawa Folk Arts Council
- Canada Day - City of Oshawa
- Bloom/Fire Prevention - City of Oshawa
- Kars on King - City of Oshawa
- Shape Oshawa
- Rose Valley Park Opening
- City of Oshawa Retiree Seminar
- Town of Uxbridge - Senior Advisory Committee
- Bright & Merry Market
- Health and Safety Event

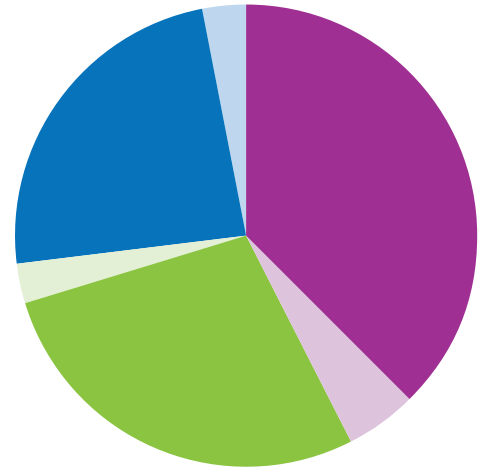


Financial Summary

Statement of Operations for the Year Ended December 31, 2025

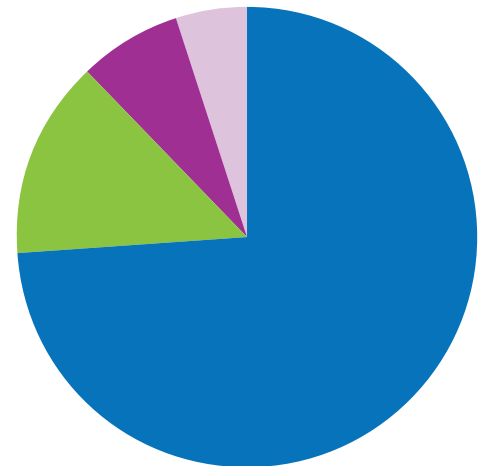
Total Revenue

	City of Oshawa	38%
	Ministry for Seniors and Accessibility	5%
	Ontario Health (CSS)	28%
	Other	3%
	Program Fees	24%
	Fundraising & Donations	3%



Total Expenses

	Salaries & Benefits	74%
	Program Activities	14%
	Operations	7%
	Administration	5%



Audited Financial Statements for the the year ending December 31, 2025 are available upon request.

Tax deductible donations may be directed to:

OSCC55+

43 John Street West
Oshawa, ON L1H 1W8

or may be made online at:

oscc.ca/donate

Charitable Registration #11907 0837 RR0001

Our Team, Our Impact - Staff & Volunteers

Staff Development, Team Building and Training

Staff development was prioritized in 2025, with a deliberate focus on strengthening communication, building organizational awareness, and helping employees understand how their work contributes to the broader success of OSCC55+. A significant milestone was the introduction of the OSCC55+ Performance Scorecard, providing staff with greater insight into organizational priorities, performance measures, and service targets while reinforcing the important role each team member plays in achieving our goals.

To support this commitment, a Team Forum was held in May, where staff received organizational updates, departmental highlights, and training on the OSCC55+ Performance Scorecard. In November, employees came together for a Team Development Day featuring keynote speaker Kate Collins of A Powerful Journey Consulting, who delivered an engaging session on leadership, resilience, and supporting mental health in the workplace. The day also included staff service recognition awards, and a team-building gingerbread house exercise, judged by none other than Mayor Dan Carter.

Staff Service Awards 2025

Andrew Goss.....	20 years
Holly Alder-Dobson.....	10 years
Leisa Ackerblade.....	20 years
Mary Anne Farrell.....	20 years

As the year came to a close, Community Support Services Manager Teresa Shearer announced her retirement after 17 years with OSCC55+. Deeply valued by staff, colleagues, and the individuals and families supported through her work, Teresa's leadership helped guide high-quality services that supported seniors' independence and ability to age in place with dignity. Her dedication has left a lasting impact on OSCC55+ and the community we serve.



Volunteer Program – Partners At Work

2025 was a year of strengthening and stabilizing the Centres' volunteer program, Partners at Work' while building on areas of growth.

Volunteer Refresh Training

2025 saw an update and refinement of volunteer policies and procedures through the revision of onboarding forms and the development of a comprehensive Volunteer Handbook incorporating updated policies, best practices, and program expectations. To support consistent implementation, four in-person volunteer refresher training sessions were delivered. The sessions reviewed the updated handbook, reinforced organizational policies and procedures, and included AODA training to promote inclusive and accessible service delivery. A total of 101 volunteers participated in the training sessions, reflecting strong engagement across the volunteer team. These initiatives strengthened onboarding, improved policy awareness, and supported a consistent, high-quality volunteer experience.



Our Team, Our Impact - Staff & Volunteers

Volunteer Contributions & Partners At Work Statistics:

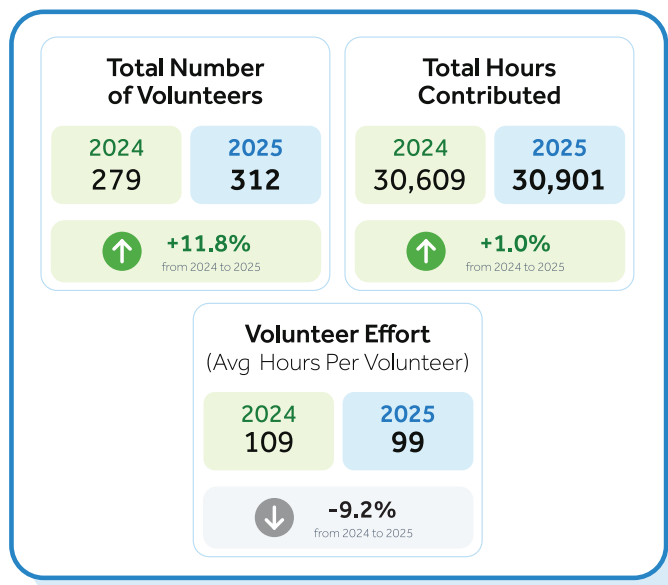
Although most program and service areas maintained consistent volunteer engagement, several key initiatives experienced significant increases in volunteer contributions:

- Fundraising volunteer hours more than doubled, increasing from 814 hours in 2024 to 1,654 hours in 2025, as volunteers dedicated substantial time to supporting fundraising initiatives including the Clothing Carousel, Big Box of Cards fundraiser, Pingle's Donut fundraiser, card parties, and the Pot of Gold donation draw.
- Support from post-secondary co-op students also continued to grow, with 73 students contributing 9,963 hours in the Adult Day Programs as part of their post-secondary educational placements, an increase of more than 1,300 hours over the previous year.
- Committee work remained consistent within the organization, with volunteers lending their expertise to both operational and governance initiatives. Most notably, the Board of Directors increased its volunteer contribution from 117 hours in 2024 to 282 hours in 2025 as members dedicated significant time to committee work, including the development and approval of new ONCA-compliant bylaws and governing procedures.

While the average number of hours contributed per volunteer decreased from 109 to 99 hours, 33 additional volunteers joined in 2025. Their significant contributions helped drive a slight overall increase in total volunteer hours, highlighting the continued value and impact of OSCC55+ volunteers.



Volunteer Statistics



Other volunteer program highlights:

- The New Horizons Volunteer Engagement Grant wrapped in March with four additional training opportunities for volunteers; Conflict Management, CPR, Frauds and Scams Awareness, and Indigenous Awareness.



- The annual Volunteer Appreciation Event was held in April with the generous support of OSCC55+ Business Partner, E is for Estates. Inspired by Volunteer Canada's 2025 theme, "Volunteers Make Waves," the celebration featured a beach-inspired atmosphere, with many volunteers embracing the theme in their best seaside attire. A highlight of the event was the recognition of long-time volunteer **Phyllis Checchin**, received her 2500-hour award from staff.
- Two long-serving volunteers were nominated for, and received the City of Oshawa Community Volunteer Award, **Dianne Gagnon** (not pictured) and **Carol Geiecker**.

Corporate Partners & Donor Recognition

We gratefully acknowledge our Business Partners, Corporate Sponsors, and Donors for their continued commitment to OSCC55+. Your dedication plays a vital role in helping us enrich the lives of older adults in our community.

2025 Business Partners:



Corporate Sponsors and Donors

Abramky, Daria
 Abundant Releaf
 Ackerblade, Cameron
 Ackerblade, Leisa
 ADM Accessibility Service Limited
 Advanced Hearing Solutions
 Agard, Margaret
 Angus Glen Golf Course
 Annis, Gus
 Arbor Memorial
 Armstrong Funeral Home
 Arnold, Noreen
 Aspira Lynde Creek Gardens
 Aspira Traditions of Durham
 Assante Wealth Managaement
 Banks, Christine
 Barkwell, Rita
 Bath, Margo
 Beaton, Beverly
 Beauty Beyond Skin Deep (Rose Marie Albis)
 Belair Direct Insurance (Yvonne Brady)
 Benedict, Vanessa
 Bengel, Alfred

Bertoulini, Marta
 Bertram, Anton
 Billington, Alain
 Bisset, Colin
 Bizley, Christina
 Bjerke, Lyn
 Bloom Retirement Community
 Boate, Ruth
 Bolger, Leigh
 Bouffard, Andree
 Bradley, Verna
 Brocanier, Kristen
 Brown, Clark
 Brown, Gillian
 Brown, Larry
 Brown, Malcolm
 Burger, Liesje de
 Burns, Sandra
 Callahan, Tracy
 Canadian Federation of University Women
 Cannons, Todd
 CanXplore
 Carbe, Sandra
 Carter, Debbie

Casarsa, Catharine
 Caskey, Linda
 Cedarcroft Retirement Residences
 Chan, Albert
 Charities Aid Foundation of Canada
 Chartwell Retirement Residences
 Christenson, Lynn
 CHUCK-IT Removal Services
 Citadel Mortgages
 City of Oshawa Recreation and Culture
 Clarke Professional Bookkeeping
 Clarke, Daniel
 Clean Crystal Services
 COBs Bread
 Construction Works (Pickering)
 Conte, Joseph
 Cornale, Ruth
 Corporate Mirror
 Court of Brooklin
 Coutie, Lynn
 Cox, Marjorie
 Crawford, Sandra
 Crawford, Suzanne
 Crites, Linda

Corporate Partners & Donor Recognition



Crooked Uncle
Crooks, Diane
Crouse, Karen
Crouse, Karen
CUPE Local 251
CUPE Local 4788
Cusato, Nicola
Custodia Home Management
Dalby, Arlen
Darlene Dufresne
Davis, Patricia
Delina, Diane
Dempsey, Carol
Devecseri, Margaret
Devitt, Carol
Dickinson, Bruce
Dolick, Brenda
Doran, Linda
Dower, Linda
Dowsley, Gordon
Dowsley, Lynn
Dunleavy, Annie
Dunleavy, Cherron
Dunn, Janet
Dunne, Irene
Dupuis, Lorraine
Durham Medical (Natalie Simms)
Dykstra, Henry
Dylan's No Frills
Dymon Storage Oshawa
Dynamic Downsizers
E is for Estates
EA Travel and Tours
Eaton, Lori
Elderado.ca
Elle, Randin
Ellsworth, Mary Ann
Erik Fraser Law
Evinou, Andrew
Evinou, Rose
Family Realty Group



Feierabend, Cecile
Felipa, Carlos
Fernando, Stephanie
Fil, Dianne
First Light Home Care
Fitzpatrick, Philip
Fitzpatrick, Susan
Flewell, Vicky
Flynn, Maureen Elizabeth
Forbes, William
Fox, Mary Ann
Francisco, Connie
Franko-Thompson, Bev
Galbraith, Ann, Estate of
Galloway, Marc
Garfield White Charitable Giving Fund
Gatchell, Denise
Gavin, Tim
Gljuscic, Jacqueline
Glover, Marjorie
Glynn, Heather
Gobran, Miriam
Godina, Arlene
Gomes, Mark
Great Canadian Brew House
Greer, Don
Grieve, James
Gutsell, Beverly
Hamid, Abubakr
Hamilton, Sharon
Harmony Hill Retirement Community
Harrop, Steve
Hastie, Eleanor
Hear Canada
Heenan, April
Henderson, Sharon
Hernandez, Maricar
HiSports Oshawa
Home Instead
Horner, Ron



Howard, Mary
Hubbard, George
Huckson, Dawn
Humphrey, Jon
Ideal Caregivers 4u
Inkpen, Lorna
InspiAir Durham
Iskander, Diana
Janiski, Bonita
Jarrett, Glenda
Jemmott, Jeanette
Joensen, Tage
Johnson, Diane
Kasubeck, Cheryl
Keating, John
Keeping, Margaret
Kelly, Brigitte
Kilburn, Beverley
Kirby, Elizabeth
Kohut, John
Kotack, Garry
Krauch, Lizzy
Krucas, Al
Lakeridge Health Cancer Screening
Laporta, Pamela
Laporta, Steven
Lauder, Constance
Lawton, Rona
Lebold, James
Leca, Christina
Lee, Deborah
Lepine, Kim
Leyes, Sami
Liscoumb, Diane
Longmire, Lester
Lumsden, Carol
Lupel Construction
Lyew, Daphne
Madden, Yolanda
Mahadeo, Shivanand
Malachowski, Eva

Corporate Partners & Donor Recognition

Malik, Murid
Mandarin Oshawa
Mann, Betty
Marshall, Bazil
Mavericks Donuts
Mawhinney, David
McDonnell, Jennifer
McGeachie, John Lloyd
McLaren, Fiona
McLinton, Debbie
Melanie Warren
Mendicino, Elaine
Mendicino, Fiore
Milbury, Aurlee
Miller, Terri Lynn
Missons, Frances
Mochan, David
Modern Angels
Moore, Linda
Motomura, Hazel
Mount Lawn Funeral Home
Muir, Rob
My Tribute gift
Nadeau, Florence
Nawrot, Cindy
Nelson, Sarah
Neufeld, Annette
Neuman, Michelle
Nichol, Heather
Nichol, James
Nickerson, Randy
Noakes, Dennis
Noakes, Wendy
Ohearn, Kim
Olden, Samantha
Oliver, Cindy
Ontario Regiment Museum
O'Quinn, Lawrence
O'Quinn, Mary
Organizaing Lives
Orme, David
Oshawa Fire
Oshawa Public Library

Osindero, Amanda
O'Toole, Raseel
Page, Jack
Parkland Ajax
Parkwood Rotary
Peacock, Ann
Pereira, Sheila
Perera, Nick
Phillips, Madge
Pickleplex Pickering
Pierce, Tess
Pierog, Michael
Pilgrim, Marcia
Plummer, Judy
Pogubila, Dorota
Pollydore-King, Thelma
Proulx, Mary Lou
Puglisevich, Maria
Qualicare Whitby
Ramsey, Linda
Ranstead, Kathy
Regent Theatre Oshawa
Richard, Jason
Richardson, Dawn
Richardson, Valerie
Ride or Die CDN Productions Inc.
Right at Home Durham
Robbescheuten, Audrey
Roberts, Wendy
Robinson, Suzanne
Rocoski, George
Rocoski, Jane
Rosnak, Sharon
Russell, Marie-Josée
Salam, Kaleem
Salemink, Beverly
Sangwin, Berenice
Scott, Andrea
Seasons Clarington Retirement
Sebestyen, Joseph
Sebestyen, Margaret
Senior Protection
Sexsmith, Shirley

Shakov, Frances
Shaw, April
Shelley, Susan
Shewcuk, Carol
Sibbert, Phil
Siewierski, Joanne
Simard, Ronald
Singh, Shanti
Smith, Linda
Smith, Patricia
Smith, Stu
Snowden, Richard
Sobanski, Joan
Solara Health Partners
Sorrell, Marjorie
Spaces Shared/Trent University
Spec Savers Oshawa
St Jules, Robert
St. John, John
Stahlbaum, Jeff
Starapples
Stevenson, Debbie
Stewart, Elaine
Strachan, Heather
Stubbings, Sonia
Stubbs, Craig
Sutherland Real Estate
Sutherland, Daniel
Sven Linkvist
Szilagyi, Darlene
Taalman, Paul
Talize Oshawa
Taylor, Kent
Teddy's Restaurant
The Benevity Community
Impact Fund
The Canadian Brewing
Company
The Charitable Gift Funds
Canada Foundation
The Mortgage Doctors
Thermea Spa Whitby
Thompson, Ingrid



Corporate Partners & Donor Recognition

Thordarson, Judy
Three-Six Kitchen & Lounge
Tirelli, Frank
Traditions of Durham
Trallee Fanara RBC
Tribute Community Centre
Tudora, Denisa
Tuset, Jessica
UNIFOR Retirees Local 222
Van Pelt, Marion
VanPelt Electric
Vedanta Living Bowmanville
Veroba, Lorraine
Viegas, Ken
Vischers Sod Farm Ltd.
Walmsley, Angella
Warren's Printing
Wecker, Brigitte
Welcome Feed
Westfall, Ron
Westney Gardens
Whitney, Joan
Whitney, Larry
Whyte, Garnet
Wilkins, Dorothy
Willsher, Sandra
Wilton, Alison
Winchester Glenn
Wood, Alan
Worrick, Amy
Wurangian, Rosanne
Wytzke's Garden Centre
Zietsman, Chantell
Zimny, John



Our Funders

OSCC55+ is proud to build on the accomplishments of 2025 while looking ahead to new opportunities and continued growth. We extend our sincere thanks to our funders, the City of Oshawa, Ontario Health East, Seniors Active Living Centres, Ontario Trillium Foundation, and the Government of Canada through the Canada Summer Jobs Program, for their continued support and investment in our work.

We are also grateful to our agency partners, business partners and sponsors whose support, collaboration and investment strengthen our programs, services and community initiatives, helping us reach more seniors in meaningful ways.

Most importantly, we thank our people; our Board of Directors, dedicated staff, dedicated volunteers and, most of all, our members. The Centres are for seniors but also because of seniors. They are at the heart of everything we do, and their energy, participation, sense of community are what make OSCC55+ such a vibrant and welcoming organization.

In 2026, we look forward to building on our successes, strengthening our partnerships, and continuing to grow and evolve alongside the seniors we serve. Together, we will continue creating opportunities to live well at 55+ and ensuring OSCC55+ remains a place where seniors feel connected, valued, and empowered.





The OSCC55+ is a not-for-profit organization that works collaboratively with community partners to provide a wide range of inclusive leisure programs and services that support the wellbeing of adults 55+ in the community.



oscc.ca | 905.576.6712

