

GIVING THANKS



Calendar of Events

Parkview's Calendar of Events are changing often. Please check our [Parkview Calendar Website](#) for the most up to date calendar events.

OCTOBER: [Monthly Observances](#)

- Oct 8: Terry Fox School Run
- Oct 12: Thanksgiving
- Oct 13: Regional Cross Country Meet
(Rain date Oct 14)
- Oct 20: TVDSB Cross country Finals
(Rain Date Oct 21)
- Oct 21: ECE Appreciation Day
School Picture Day
- Oct 26: PD Day
- Oct 30: Halloween Spirit Day

NOVEMBER: [Monthly Observances](#)

- Nov 11: Remembrance Day
- Nov 13: Progress Reports go home
- Nov 27: Sports & Jerseys Spirit Day



**PICTURE DAY
IS COMING!**



Parkview Public School

1008 Oxbow Drive
Komoka, ON N0L 1R0
☎ 519-657-3868

parkview.tvdsb.ca

Superintendent: C. Giannopoulos
Principal: M. Curran
Vice-Principal: G. Garbacz



Thames Valley
District School Board

PRINCIPAL'S MESSAGE

As the beautiful fall colours begin to emerge, we continue to experience growth and change here at Parkview. In September, we welcomed our 6th Kindergarten class. This addition required flexibility, patience, and some adjustments for both staff and families. We would like to sincerely thank the families who were directly impacted for their understanding and support throughout this transition.

We were also grateful to see so many of you attend our Meet the Family event. It was a wonderful evening to visit your child's classroom, meet staff, connect with other families, and enjoy some delicious treats from the food trucks. Thank you for helping make it such a positive and memorable community event.

EQAO results from the 2025-2026 school year are now available to the public, and families of students who participated in the assessment will soon receive their child's individual report. We are proud of the effort our students demonstrated and the learning they were able to showcase. As a school, we will continue to use this data to inform our instructional practices and support our ongoing school improvement goals.

This year, we were also able to submit several beautiful student creations to the Ilderton Fair. We are grateful to our dedicated staff who worked hard to organize these submissions and provide an opportunity to showcase the talents of our students while highlighting the wonderful Parkview community.

Finally, on October 27 from 6:00 to 7:00 p.m., we will be hosting a Community Information Meeting to share updates regarding the upcoming addition to Parkview. The evening will include a brief presentation followed by a question-and-answer session. For those unable to attend, the meeting will be recorded and made available for viewing at your convenience.

Thank you for your continued partnership and support as we work together to make Parkview a wonderful place for learning and growth.

Ms. Curran

Parkview Principal



SAVE THE DATE - OCT 21

Investing in Children: **Family Math & Literacy Night**
For students JK to Gr. 3 Oct. 21 6:00 PM to 7:30 PM

Show Me the Money



PARKVIEW MONTHLY *Character* TRAITS

Each month, Parkview students will focus on building and improving specific character traits to help Parkview be an even better place to learn!

At the end of each month, each classroom will celebrate up to 2 students who exemplify the character trait of the month with a certificate, a prize, and a photo op with Ms. Curran and/or Mr. Garbacz!

September's Character Trait was **Good Manners** and here are our monthly winners!



NEXT MONTH'S
CHARACTER TRAIT *Respect*

TERRY FOX UPDATE

Our Terry Fox fundraising campaign has been well underway and we want to say a big **thank you to everyone who has donated so far!** We are excited to continue working together toward our school goal of **\$5,000**. With **one week left to go**, we have raised almost **\$4,000** so far!

Our **Terry Fox Run will take place on Thursday, October 8th**. Before our run, we will have one final **Toonie for Terry Day on Tuesday, October 6th**. Students are encouraged to bring in a toonie to help us get closer to our goal.

Families can also make donations online throughout the campaign. Simply look for your child's **classroom Terry Fox fundraising link on Google Classroom** or visit our school's fundraising page directly:

<https://schools.terryfox.ca/133497>

On the day of our run, students are encouraged to **wear their Terry Fox shirts or Canada-themed clothing** to show their Canadian spirit and help us celebrate Terry's incredible legacy!

Let's see if we can reach our **\$5,000 goal** together! Thank you for your continued generosity and support as we come together to honour Terry Fox and help make a difference in the fight against cancer.

Together, we are making an impact!



KIND PANTHERS IN ACTION

We love to hear about Parkview Panthers showing kindness!

This month, 3 sisters went above and beyond in their efforts to help with a very special fundraiser. Everley, Oakland and Lowen together raised **\$700** for our school Terry Fox Run! What an amazing achievement.

Well done Everley, Oaklyn and Lowen!



PARKVIEW STUDENT COUNCIL

We would like to introduce you to the **Parkview 2026/2027 Student Council!**

Student Council is an organization conducted by students and supervised by teacher advisors. The purpose of the student council is to give students an opportunity to develop leadership by organizing and carrying out school activities and service projects.

In addition to planning events that contribute to school spirit and community welfare, the student council is the voice of the student body. Our goals are to promote a positive school culture, to help create a sense of community, to promote teamwork & collaboration, to be a role model for younger students & peers at Parkview, and to practice leadership skills.

Some of the things we will be involved in this year are: school dances, spirit days, Remembrance Day assembly, monthly newsletters, 4 Cs campaign to raise money for the Children's hospital, Women's Rural Resource Centre campaign collecting items to donate, and video announcements. Leadership week for the intermediate division took place from September 21-25 and it was AWESOME! Students participated in team building activities such as pool noodle hockey to human tic-tac-toe, a kickoff assembly, and a pizza party picnic. So proud to say that our students did a great job demonstrating their leadership abilities.



2026/2027 PARKVIEW STUDENT COUNCIL

GRADE 8

Miles C.
Kenley Y. (secretary)
Dani F.
Julia P.
Hannah D. (secretary)
Kole M. (co-president)
Olivia N. (Co-President)
Ava M.
Harper M.
Penny C.
Elyse W.

GRADE 7

Dax K.
Modena B.
Malia C.
Mackenzie G.
Sydney K.
Avisha S.
Eunice A.
Lena R.B.
Sabine B.
Annabelle L.
Torin S.
Nethum W.

GROWING RECONCILIATION



This month, Parkview students engaged in learning and reflection on the meaning of Truth and Reconciliation. Through thoughtful and respectful displays, students shared their voices on what every child deserves and explored the meaning of reconciliation.

MUSIC GROUPS UPDATE

Parkview Music groups will be starting up soon! Please note the change in times for our bands:

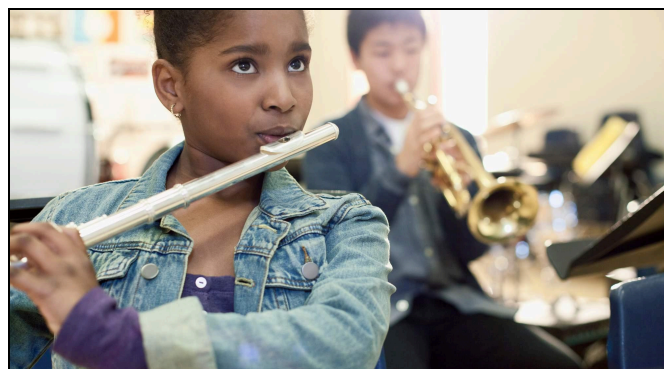
Grade 8 Band: Wednesdays 8:15 AM starting October 7th in the music portable

Parkview Open Choir: - Wednesdays 11:10 AM starting October 7th in the music portable

Grade 7 Band: Tuesdays 8:15 AM starting November 4th in the music portable.

Band rehearsals have been moved to before school to account for the shorter first recess. Please arrive at band practice with time for set up before the beginning of rehearsal.

Thanks for your support!



WE'VE GOT SPIRIT!

Mark your calendars early and get ready for another fabulous year of Spirit Days!

2026-2027 PARKVIEW SPIRIT DAYS

<i>October 30</i>	Costume Day (Gr. 1-8) Black and Orange (Kindergarten)
<i>November 27</i>	Sport Jersey Day
<i>December 14-18</i>	Holiday Spirit Week Monday - Grinchy Green Tuesday - Bells, bows, bulbs and bling! Wednesday - Winter Wonderland Thursday - PJ Day Friday - Festive Sweaters/Hats
<i>January 29</i>	80s Neon Day
<i>February 3</i>	Book Character Day
<i>February 26</i>	Wacky Day
<i>March 12</i>	Lucky Day (Green and gold)
<i>April 30</i>	Dress like a teacher/student Day
<i>May 4</i>	Star Wars Day
<i>May 28</i>	Rainbow Day
<i>June 21-25</i>	Spirit Week - TBA
<i>June 29</i>	Canada Day 🇨🇦



PARKVIEW SCHOOL COUNCIL + HOME & SCHOOL ASSOCIATION

What a great start to the year!

In September, we held our first School Council and Home & School meetings. Thank you to everyone who attended—it was wonderful to see so many new faces! We have an exciting school year ahead, with plans to bring back popular events, and some new faces at the head of them! At this past meeting, and our meeting back in May, we voted in our PSC/HSA executives. A big thanks to:

President/Chair: Camille Pallin Cartwright

Vice President/Vice Chair: Erica Vincent

Secretary: Peony Cartwright

Treasurer: Erika Yandt

Fundraising/Home and School Rep: Becky Hayden-Batte & Moyosore Somide

Principal: Melinda Curran

Vice Principal: Gene Garbacz

Teacher Rep: Sarah Dubeau



As well as Shay Coughlin, Ann Van Gilst, and Patricia Lafond who are spearheading our hot lunch program, Candace Smith who will continue to run our instagram page, Ashley Nethercott who is our grade 8 grad rep, and all our committee members who put in hours of planning and volunteering on sub-committees, giving input in our meetings, and stepping up wherever needed - Brittany Strachen, Shannon Graham, Jen Martins, Nicole Jamvozinski, Steph Murray, Jessica Johnston, Michelle Malcom, Olga Liutsko, Carolina Cortes, Rachel Traczak, Ashley Nethercott, Allison Olmstead, Andrea Delaney, Ursula Gousbloem, Melissa Woytaz, Siya T, Jelena Lazic, and Dee Revington. THANK YOU!

If you are interested in coming to one of our meetings, they will be held every second month starting at 5:30 in the school Library. Everyone is always welcome! The dates are:

November 2nd

January 11th

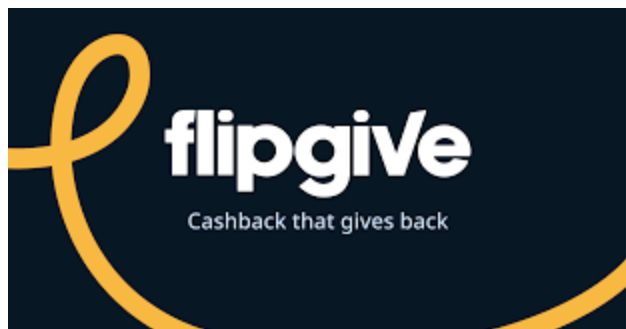
March 1st

May 3rd



Ongoing Fundraisers

[Mables Labels](#) is a Canadian company (Hamilton, ON) that makes personalized labels designed to keep track of children's belongings. Their products are waterproof, dishwasher, and laundry- safe, and range from peel-and-stick, iron-on, stamps, and silicone water bottle bands that I have especially loved in my home. When placing an order, if you click [Support a Fundraiser](#) and search 'Parkview Home and School Association', they give us back 20% of every order! Extremely generous! We've allocated these funds to go towards our kindergarten outdoor program, and are excited to continue this for the foreseeable future.



FlipGive is a fundraising / cash back platform that lets teams and communities raise money through everyday shopping. Supporters can earn 'cash back' when they shop at participating brands, buy gift cards, gas, dine out and do other regular expenses.

It's easy to use, just download the app, and enter in our team code **7ZDXG4**.

All money raised from FlipGive is allocated for our Music Program- to fix and purchase instruments.

Second Hand Book Sale:

We're excited to bring back our **Used Book Sale** during the Investing in Children event on **October 21st**. Please send in **your gently used books** your family may have outgrown between October 7th and 21st All books will be sold for \$2. Last year was a great success, and we're excited to once again recycle loved stories, while supporting our Parkview library.

We're excited to bring back our **Used Book Sale** with an exciting addition during the Investing in Children event on **October 21st**. This year we'll be adding a **secondhand spiritware** rack to the entrance of the library! This will allow loved spiritware items that may have been outgrown, be accessible to a new home. Every item will be cleaned and priced individually at the event. **Please send in your gently used books and any spiritware items** your family may have outgrown between October 7th and 21st All books will be sold for \$1-\$2. Last year was a great success, and we're excited to once again recycle loved stories, while supporting our Parkview library.

Keep in Touch!

The HSA runs two social media pages that will help you stay up to date on all things Parkview!



If you want updates on day to day reminders like school events, deadlines, hot lunch, spirit days, announcements and snow days- follow our Instagram: [@ParkviewPanthersHSA](https://www.instagram.com/ParkviewPanthersHSA)



If you'd like to connect with the community through events geared towards Parkview aged families while getting reminders about events happening at the school, join our [Facebook page: Parkview Parents](#)

Thank you for the incredible support you show with our initiatives - they truly wouldn't be possible without you! We look forward to seeing many of you in our upcoming meetings (next one on November 2nd!) and events as we work together to support our students and school community. Wishing you a safe and happy October!

Camille Pallin Cartwright

Chair, Parent School Council 2026-2027

President, Parkview Home and School Association 2026-2027

cartwright.camille@outlook.com



PARKVIEW PUBLIC SCHOOL
SPIRITWEAR



SPIRIT WEAR

Orders are due **OCT 10, 2026**

New items and designs added

ORDER HERE

PARKVIEW LUNCH PROGRAM

Fall is here and hot lunches are in full swing! By the time you read this, we will have cycled through almost all of our lunch options: Domino's, Rapizza, WokBox, and Montana's. Coming up this month on the **Tuesday** (after Thanksgiving and the PA day), is **barBurrito** with burritos, tacos, quesadillas, and chips and salsa (dairy free available).

We hope your children have found something they enjoy and that they will continue to explore the various options. If you haven't gotten around to it, registration is easy. Sign up at www.lunchup.ca and enter "Parkview" as your code.

Be sure to catch **BoosterJuice** on the first Friday of each month. You can place your orders on SchoolCash Online for the rest of the year. Please order on the Thursday of the week prior. Upcoming BoosterJuice: **Friday, Nov. 6th.** (order by Oct. 29th)

A big shoutout to the volunteers: **Thank you** again for offering your time to serve our school!

And finally, we heard a rumor that some would like the option of cheese on their next Montana's burger. We listened, and you can now choose a cheeseburger.:)

Parkview Public School
Home & School Association

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LunchUp

HOT LUNCH PROGRAM

School Lunch Orders Are Now Open!

SCHOOL INVITATION CODE
PARKVIEW
Enter this code at www.lunchup.ca when registering


SCAN TO REGISTER

 REGISTER & ORDER ONLINE
www.lunchup.ca
Free to sign up · Takes 2 minutes

 FIRST DELIVERY
Monday, September 21
Order cutoff: Saturday, September 19 at noon

 YOUR LUNCH VENDORS
A delicious variety, delivered fresh to school





HOW IT WORKS

1
Register
Go to www.lunchup.ca and create a free account

2
Enter Code
Use your school's invite code: **PARKVIEW** to join

3
Pick Meals
Browse menus, then **place your order.**

4
Enjoy!
Fresh meals delivered to your child's classroom at school

Questions? Reach out at help@lunchup.ca

Parkview Public School Home & School Association · Hot Lunch Program

www.lunchup.ca | more than a meal

PICTURE DAY IS COMING!



*PRESERVE A MOMENT IN TIME WITH OUR HIGH-QUALITY PORTRAITS
THAT MAKE FOR MEMORABLE KEEPSAKES AND GIFTS*



NO MONEY WILL BE COLLECTED ON PHOTO DAY

YOU WILL BE ABLE TO VIEW YOUR PORTRAIT PROOF PRIOR TO MAKING A PURCHASE



PHOTO DAY | OCTOBER 21ST

Parents Partnering with Educators – High School Edition

For parents/caregivers of youth with special education needs &/or disabilities planning ahead for the transition to high school

Date: Wednesday October 7, 2026
Time: 6:30 – 8:00 p.m.
Location: TVCC, 779 Base Line Rd E, London, ON
Cost: None
Register: Online at <https://ppehs.eventbrite.ca/>



Description

This in-person workshop is designed for parents/caregivers who have youth with intellectual or physical disabilities in Grade 7 and 8.

At the workshop, TVCC's Parent Mentors and Special Education staff from the Thames Valley District School Board (TVDSB), and London District Catholic School Board (LDCSB) will present information about high school registration and special education at the secondary level.

Note that this workshop is designed for Parents and Caregivers only.

This is a partnership presentation with the Thames Valley District School Board (TVDSB), and London District Catholic School Board (LDCSB).

If you are unable to register online, please email register@tvcc.on.ca or call Carrie at 519-953-5445, ext 53367.

Enabling a promising future!

779 Base Line Rd. E. | London ON N6C 5Y6 | www.tvcc.on.ca

Tel: 519.685.8700 | Toll: 1.866.590.8822 | Fax: 519.685.8689

Know before you ride:

E-Scooter Safety

Can children ride E-Scooters? **No**

You must be at least 16 years old to ride an e-scooter – it's the law.

They are not toys! Instead, wear a helmet and ride a push scooter.

E-scooter injuries can be serious

E-scooter related injuries are increasing and can result in common injuries, such as:

- Broken bones
- Head injuries
- Cuts

Severe injuries can include brain bleeds and internal organ injuries.

Where you can ride

- Roadways with speed limits of 50 km/h or less
- Bike lanes and cycle tracks
- Multi-use pathways such as the Thames Valley Parkway

Where you cannot ride

- Sidewalks
- Hiking trails
- Roadways with speed limits above 50 km/h

Ride smart. Ride safe.

- One rider only - no passengers
- Stay alert: No texting or headphones while riding
- Maximum speed: 24 km/h
- Watch for traffic, pedestrians, and obstacles
- Riders aged 16 and 17 must legally wear a helmet



Disclaimer: This infographic is provided for general public education and injury prevention purposes. It does not constitute an endorsement of e-scooter use and should be considered alongside applicable laws, local regulations, manufacturer instructions, and individual safety considerations.

Reference: Fine, A. M., Douglas, K. E., Lyons, T. W., & Hirsch, A. W. (2026). Pediatric E-Scooter and Traditional Scooter Injuries: Emergency Department Visits 2015-2024 Pediatric Emergency Care <https://doi.org/10.1097/PEC.0000000000003652>



To get to know what your child is watching and playing, ask and participate!

- Enjoy media like music, movies, and video games together
- Ask your child questions about the messages they see and hear

Why do we see ads?

Where do we see ads?

How is this ad trying to make money?

- Encourage your child to talk to someone if they come across something that makes them feel uncomfortable online
- Make time to be active and social without screens

Be a role-model by paying attention to your own media use

  @mlhealthunit

ML BUREAU DE SANTÉ DE
MIDDLESEX-LONDON
HEALTH UNIT
www.healthunit.com

Information sources can be found on our website at: <https://www.healthunit.com/school-health-newsletter-inserts>

STS OT Drop-In Sessions

Questions about fine motor skills, sensory processing, play skills?

Join us for an STS OT Drop-In Session! Led by an experienced STS occupational therapist, these half-hour sessions provide a welcoming space to ask questions, gain information, and to learn practical tips.

Topics:

- October 7, 2026 (3:30-4:00) – Ask an OT
- November 4, 2026 (3:30-4:00) – Pencil Development
- December 2, 2026 (3:30-4:00) – Is it Sensory or Behaviour?
- January 6, 2027 (3:30-4:00) – Regulation Strategies
- February 3, 2027 (3:30-4:30) – Sensory Processing in the Classroom
- April 7, 2027 (3:30-4:00) – Encouraging Play Skills
- May 5, 2027 (3:30-4:30) – Ask an OT



Please scan the QR code to register!

STS SLP Drop-In Sessions

Questions about your child's speech? Not sure how to practice at home? Curious about common speech sound errors?

Join us for an STS SLP Drop-In Session! Led by an experienced STS speech-language pathologist, these one-hour sessions provide a welcoming space to ask questions, gain information, and learn practical tips to support your child's speech development and communication success.

Topics:

- October 28, 2026 (3:30-4:30) – Ask an SLP
- November 25, 2026 (3:30-4:30) – Practicing Speech at Home
- December 16, 2026 (12:00-1:00) – Ask an SLP (ENG & FR)
- January 27, 2027 (3:30-4:30) – Motor Speech
- February 24, 2027 (3:30-4:30) – Ask an SLP
- March 31, 2027 (3:30-4:30) – Common Speech Errors
- April 28, 2027 (12:00-1:00) – Ask an SLP (ENG & FR)
- May 26, 2027 (3:30-4:30) – Stuttering Support



Please scan the QR code to register!

